

Functional/ Activity Limitation	Kinematic Deviations	Underlying Impairments	Short Term goal	Intervention	How to progress	Home Program/Independent Practice	EBP
1. Requires x1 assist for bridging							
2. Requires x1 assist for rolling to left							
3. Requires x1 assist for lie - sit							
4. Poor sitting alignment – leaning to L							
5. Decreased dynamic sitting balance – unable to ROBOS							

6. STS – decreased motor control. Requires x1 assist. Dec loading R LL. Poor pre-extension phase.							
7. Standing balance & alignment – unable to stand unsupported. Dec loading R LL							
8. Unable to mobilise							
9. Requires x2 assist for transfers							

10. Decreased ability to weight bear through R UL							
11. Unable to perform indep reach with R UL							
12. Dec grip strength.							
13. Decreased wrist extension during grasp and release							
14. Unable to manipulate objects within hand							

Please note that within the Underlying Impairment column and subsequently the Intervention column the following impairments need to be addressed:

- Dysphasia – receptive and expressive
- R homonymous hemianopia
- R hemianaesthesia – UL and LL; distal> proximal
- Decreased proprioception – UL and LL
- Decreased ROM shoulder – pain limited
- Decreased UL muscle strength; distal>proximal
- Decreased muscle length gastroc and soleus

Division of Workload

Problems 1, 2, 3, 4 & 5 =

Problems 6, 7, 8 & 9 =

Problems 10, 11, 12, 13 & 14 =