

SSSSSNIPPRD Analysis

Site	Clear definition of where pain & any associated symptoms are felt
Structures	List all probable and most possible structures that might be the source of symptoms
Stage	Acute, Sub-acute, Chronic
Severity	VAS Pain intensity best, worst and average
Stability	Any suggestion of structural or functional instability?
Nature	Mechanical or chemical
Irritability	Mild, moderate or severe
Prognosis	What is the likely outcome for this patient? What is the natural history? If change is expected, how long will it take?
Progression and Rate	At time of assessment, is the patient's condition improving, deteriorating or has it been relatively stable? If it has been changing, what has been the rate of that change?
Influencing factors	What factors are present for this patient that will be likely to influence their treatment and or prognosis? (e.g. age, psychosocial issues, family support, work, hyper/hypomobility, smoking, weakness etc.)
Regular or Irregular pattern	Does the patient's presentation make sense? Is there anything atypical about it? Do the symptoms and signs add up to a logical diagnosis or are there findings that are contradictory?
Diagnosis / Hypothesis	List 2 or 3 diagnoses for this patient in order of most likely to least likely. Make these diagnoses as detailed and specific as possible.