

Program Structure						
Program Code	Version	CRICOS	Intakes	Total Subjects	Credit Points	Duration
CC-60025	5	080641D	Jan	24	240	2 years full time

Core University Subjects (3)			
One core subject must be taken per semester for the first three semesters			
Available	Code	Title	Requisites
Jan/May/Sep	CORE11-001	Critical Thinking and Communication	Nil
Jan/May/Sep	CORE11-002	Leadership and Team Dynamics	CORE11-001
Jan/May/Sep	CORE11-003	Ethical Thought and Action	CORE11-001, CORE11-002
Jan/May/Sep	CORE11-004*	Beyond Bond	Nil

Foundation Subjects (21)			
Jan	SPEX11-102	Foundations of Exercise and Sports Science	Nil
Jan/May	BMED11-109	Principles of Human Structure & Function	Nil
Jan/May	BMED11-114	Chemistry for Living Systems	Nil
May	SPEX11-113	Functional Anatomy	BMED11-109
Jan/May	BMED11-110	Human Organ Systems 1	BMED11-109
May	SPEX11-103	Biochemistry of Exercise and Sport	BMED11-114
Sep	SPEX11-304	Biomechanics of Exercise and Sport	Nil
Sep	SPEX12-311	Motor Control and Learning in Exercise and Sport	Nil
Sep	SPEX11-104	Sport, Health and Exercise Psychology	Nil
Sep	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	SPEX11-103, BMED11-110, BMED11-109
Jan	HPER12-101	Health Research Methods	Nil
Jan	SPEX13-335	Exercise Testing, Prescription and Delivery	Nil
Jan	SPEX12-313	Introduction to Professional Practice in Exercise and Exercise Science	Nil
May	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport	SPEX12-312
May	SPEX13-339	Advanced Biomechanics of Exercise and Sport	SPEX11-304
May	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery	SPEX13-335
May	SPEX13-334	Behaviour Change to Enhance Health	Nil
Sep	NUTR12-101	Sport & Exercise Nutrition	BMED11-110
Sep	SPEX13-333	Professional Practice and Practicum (20 CP)	SPEX13-336, SPEX13-339, SPEX13-338, SPEX13-334
Sep	SPEX13-337	Exercise and Sport for Lifelong Health	Nil

***Students will complete Beyond Bond during their degree. This subject is worth 0 Credit Points**

Sequence Plan for students commencing January 2019

Semester	Code	Title	Requisites
191	CORE11-001	Critical Thinking and Communication	Nil
	SPEX11-102	Foundations of Exercise and Sports Science	Nil
	BMED11-109	Principles of Human Structure & Function	Nil
	BMED11-114	Chemistry for Living Systems	Nil
192	CORE11-002	Leadership and Team Dynamics	CORE11-001
	SPEX11-113	Functional Anatomy	BMED11-109
	BMED11-110	Human Organ Systems 1	BMED11-109
	SPEX11-103	Biochemistry of Exercise and Sport	BMED11-114
193	SPEX11-304	Biomechanics of Exercise and Sport	Nil
	SPEX12-311	Motor Control and Learning in Exercise and Sport	Nil
	SPEX11-104	Sport, Health and Exercise Psychology	Nil
	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	SPEX11-103, BMED11-110, BMED11-109
201	CORE11-003	Ethical Thought and Action	CORE11-001, CORE11-002
	HPER12-101	Health Research Methods	Nil
	SPEX13-335	Exercise Testing, Prescription and Delivery	Nil
	SPEX12-313	Introduction to Professional Practice in Exercise and Sport Science	Nil
202	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport	SPEX12-312
	SPEX13-339	Advanced Biomechanics of Exercise and Sport	SPEX11-304
	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery	SPEX13-335 or Equivalent
	SPEX13-334	Behaviour Change to Enhance Health	Nil
203	NUTR12-101	Sport & Exercise Nutrition	BMED11-110
	SPEX13-333	Professional Practice and Practicum (20 CP)	SPEX13-336, SPEX13-339, SPEX13-338, SPEX13-334
	SPEX13-337	Exercise and Sport for Lifelong Health	Nil