

CC-60028		Bachelor of Exercise and Sports Performance			
Version 1		Sep Intake			
September	2020 Semester 1	CORE11-001 Critical Thinking and Communication	SPEX11-102 Foundations of Exercise and Sport Science	BMED11-109 Principles of Human Structure and Function	SPEX11-104 Sport, Health and Exercise Psychology
January	2021 Semester 2	CORE11-002 Collaboration, Teams and Leadership	BMED11-114 Chemistry for Living Systems	BMED11-110 Human Organ Systems 1	Elective General Elective
May	2021 Semester 3	CORE11-003 Responsibility, Integrity and Civic Discourse	SPEX11-103 Biochemistry of Exercise and Sport	SPEX11-113 Functional Anatomy	Elective General Elective
		Subject Catalogue	Major Catalogue	Program Catalogue	
September	2021 Semester 1	SPEX12-311 Motor Control and Learning in Exercise and Sport	SPEX11-304 Biomechanics of Exercise and Sport	SPEX12-312 Physiology and Biochemistry of Exercise and Sport	ELECTIVE General Elective
January	2022 Semester 2	SPEX13-335 Exercise Testing, Prescription and Delivery	HPER12-101 Health Research Methods	Elective General Elective	Elective General Elective
May	2022 Semester 3	SPEX13-336 Advanced Physiology and Biochemistry of Exercise and Sport	SPEX13-338 Advanced Exercise Testing, Prescription and Delivery	SPEX13-300 Exercise and Sports Performance Practice and Practicum (Capstone Project)	Elective General Elective
		Subject Catalogue	Major Catalogue	Program Catalogue	
GENERAL INFORMATION					
<p>You are registered into Beyond Bond which is a practical, activity-based program that extends across the duration of all undergraduate degrees.</p> <p>Students may choose to take either a six subject major (60cps) from the pre-defined major OR a four subject minor (40cps) from the pre-defined minors plus two general electives or HSM identified subjects OR six (6) general university elective subjects OR take four (4) identified (HSM) subjects plus two (2) general university electives</p>					
PROGRAM INFORMATION					
<p>The Bond University Bachelor of Exercise and Sports Performance equips you with comprehensive knowledge and applied skills in health, fitness and sport performance. You will gain a comprehensive understanding of the basic and applied sciences as they apply to personal and community health and fitness, and sport performance at all levels. Focusing on real-world learning, this program is delivered by award-winning teaching staff through significant practical experience and authentic assessment to maximise employment outcomes for graduates. This program allows you the flexibility to tailor your studies to your interests and career aspirations by choosing from a range of subdisciplines, including biomechanics; exercise testing, prescription and delivery; or physiology and biochemistry of exercise, as well as electives in entrepreneurship and innovation, sport management, and tourism and events management.</p> <p>This program is primarily delivered at the Bond Institute of Health and Sport where you will gain high-quality and practical learning experiences through our National Strength and Conditioning Association-accredited High-Performance Training Centre. These facilities provide sports science testing, training and recovery services to state, national and international athletes and teams. You will also gain industry accreditations in Strength and Conditioning as well as Sport First Aid. The program prepares graduates for exciting career opportunities in exercise and sports performance including strength and conditioning as well as providing an accelerated undergraduate pathway to graduate-entry studies including physiotherapy, occupational therapy, nutrition and dietetic practice, and high-performance sports science.</p>					
SUBJECT INFORMATION					

Available		Code	Title	Assumed Knowledge	Requisite
Assumed knowledge is the minimum level of knowledge of a subject area that students are assumed to have acquired through previous study. It is the responsibility of students to ensure they meet the assumed knowledge expectations of a specified subject. Students who do not possess this prior knowledge are strongly recommended against enrolling and do so at their own risk. No concessions will be made for students' lack of prior knowledge.					
You must complete the following required subjects:					
J/M/S	BMED11-109	Principles of Human Structure and Function			
J/M	BMED11-110	Human Organ Systems 1	BMED11-109		
J/M	BMED11-114	Chemistry for Living Systems			
J/M/S	CORE11-001	Critical Thinking and Communication			
J/M/S	CORE11-002	Collaboration, Teams and Leadership	BCDP02-101 or CORE11-001		
J/M/S	CORE11-003	Responsibility, Integrity and Civic Discourse	BCDP02-101 or CORE11-001 & BCDP02-102 or CORE11-002		
J	HPER12-101	Health Research Methods			
J/S	SPEX11-102	Foundations of Exercise and Sport Science			
M	SPEX11-103	Biochemistry of Exercise and Sport			BMED11-114
S	SPEX11-104	Sport, Health and Exercise Psychology			
M	SPEX11-113	Functional Anatomy	BMED11-109		
S	SPEX11-304	Biomechanics of Exercise and Sport			
S	SPEX12-311	Motor Control and Learning in Exercise and Sport			
S	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	BMED11-109 & BMED11-110		BMED11-205 or SPEX11-103
M	SPEX13-300	Exercise and Sports Performance Practice and Practicum (Capstone Project)			
J	SPEX13-335	Exercise Testing, Prescription and Delivery			
M	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport			SPEX12-312
M	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery			SPEX13-335
Students may choose to take either;					
a six subject major (60cps) from the pre-defined major					
OR a four subject minor (40cps) from the pre-defined minors plus two general electives or HSM identified subjects					
OR six (6) general university elective subjects					
OR take four (4) identified (HSM) subjects plus two (2) general university electives					
MAJORS		MINORS		LINKS TO SUBJECTS WITH MAJORS / MINORS	
Advertising		Advertising		https://bond.edu.au/major-and-minor-study-areas	
Australian Studies		Communication and Society			
Big Data		Entrepreneurship and Innovation		HSM SUBJECTS SPEX13-334 Behaviour change to enhance health SPEX13-337 Exercise and Sport for Lifelong Health SPEX13-339 Advanced Biomechanics of Exercise & Sport NUTR12-101 Sports and Exercise Nutrition	
Communication		International Business			
Entrepreneurship and Innovation		Management			
Global Studies (Sustainability)		Marketing Communication			
International Business		Marketing			
International Relations					
Management					
Marketing Communication					
Marketing					
Media Studies					
Public Relations					
Sport Industry					
Tourism Management					