

Program Overview

Diploma of Health Sciences

Program Code	Total Subjects	Intake	Duration	Program Structure
CO-00016	9	J/S	2 Semesters	80 Credit Points

Undergraduate Program Transfer of Diploma Credit	
Name of Undergraduate Program	Number of Credit (CP)
Bachelor of Exercise and Sports Science (CC-60025)	60

Note: Completion of a double degree may alter the transfer of credit points.

Available	Code	Title	Assumed Knowledge	Pre-requisite
J/M/S	BCDP02-111	Critical Thinking and Communication		
J/M/S	BCDP02-113	Collaboration for Global Change		
J/S	BCDP02-050	Introduction to Chemistry		
J/M	BCDP02-052	Chemistry for Living Systems		BCDP02-050
J/M/S	BCDP02-053	Principles of Human Structure and Function		
J/M/S	BCDP02-054	Elementary Maths		
J/M	BCDP02-067	Human Organ Systems 1		BCDP02-053
J/S	BCDP02-066	Foundations of Exercise and Sport Science		

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Bachelor of Exercise and Sports Science

Program Code	Total Subjects	Intake	Duration	Program Structure
CC-60025	17	M/S	5-7 Semesters	17 Foundation Subjects

Available	Code	Title	Assumed Knowledge	Pre-requisite
Compulsory Subjects (17)				
J/M/S	CORE11-012	Responsibility, Integrity and Civic Discourse		
M	SPEX11-113	Functional Anatomy	BMED11-109	
M	SPEX11-103	Biochemistry of Exercise and Sport		BMED11-114
S	SPEX11-304	Biomechanics of Exercise and Sport		
S	SPEX12-311	Motor Control and Learning in Exercise and Sport		
S	SPEX11-104	Sport, Health and Exercise Psychology		
S	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	BMED11-110; BMED11-109	SPEX11-103
J	HPER12-101	Health Research Methods		Anti_STAT11-112
J	SPEX13-335	Exercise Testing, Prescription and Delivery		
J	SPEX12-313	Introduction to Professional Practice in Exercise and Sports Science		SPEX11-104, SPEX12-312, SPEX11-304 and SPEX12-311
M	SPEX13-340	Clinical Pathophysiology and Professional Practice		SPEX12-313
M	SPEX13-339	Advanced Biomechanics of Exercise and Sport		SPEX11-304
M	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery		SPEX13-335
M	SPEX13-334	Behaviour Change to Enhance Health		
S	NUTR12-101	Sport and Exercise Nutrition	BMED11-110; BMED11-205	
S	SPEX13-337	Exercise and Sport for Lifelong Health		
S	SPEX13-333	Professional Practice and Practicum – Capstone Project		SPEX13-340; SPEX13-339; SPEX13-338; SPEX13-334; SPEX12-313

Note: Students must complete Beyond Bond: Professional Development and Community Engagement

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Students commencing the Diploma of Health Sciences in September 2025 will receive Advanced Standing for:		
SEP 2025	BCDP02-111	Critical Thinking and Communication
	BCDP02-050	Introduction to Chemistry
	BCDP02-053	Principles of Human Structure and Function
	BCDP02-054	Elementary Maths
JAN 2026	BCDP02-113	Collaboration for Global Change
	BCDP02-052	Chemistry for Living Systems
	BCDP02-067	Human Organ Systems 1
	BCDP02-066	Foundations of Exercise and Sport Science

Transition to Bachelor of Exercise and Sports Science in: May 2026

MAY 2026	CORE11-012	Responsibility, Integrity and Civic Discourse
	SPEX11-113	Functional Anatomy
	SPEX11-103	Biochemistry of Exercise and Sport
SEP 2026	SPEX11-304	Biomechanics of Exercise and Sport
	SPEX12-311	Motor Control and Learning in Exercise and Sport
	SPEX11-104	Sport, Health and Exercise Psychology
	SPEX12-312	Physiology and Biochemistry of Exercise and Sport
JAN 2027	HPER12-101	Health Research Methods
	SPEX13-335	Exercise Testing, Prescription and Delivery
	SPEX12-313	Introduction to Professional Practice in Exercise and Sports Science
MAY 2027	SPEX13-340	Clinical Pathophysiology and Professional Practice
	SPEX13-339	Advanced Biomechanics of Exercise and Sport
	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery
	SPEX13-334	Behaviour Change to Enhance Health
SEP 2027	NUTR12-101	Sport and Exercise Nutrition
	SPEX13-337	Exercise and Sport for Lifelong Health
	SPEX13-333	Professional Practice and Practicum (20CP)

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Students commencing the Diploma of Health Sciences in January 2026 will receive Advanced Standing for:		
JAN 2026	BCDP02-111	Critical Thinking and Communication
	BCDP02-050	Introduction to Chemistry
	BCDP02-053	Principles of Human Structure and Function
	BCDP02-066	Foundations of Exercise and Sport Science
MAY 2026	BCDP02-054	Elementary Maths
	BCDP02-113	Collaboration for Global Change
	BCDP02-052	Chemistry for Living Systems
	BCDP02-067	Human Organ Systems 1

Transition to Bachelor of Exercise and Sports Science in: Sep 2026

SEP 2026	SPEX12-311	Motor Control and Learning in Exercise and Sport
	SPEX11-104	Sport, Health and Exercise Psychology
JAN 2027	CORE11-012	Responsibility, Integrity and Civic Discourse
	HPER12-101	Health Research Methods
MAY 2027	SPEX11-113	Functional Anatomy
	SPEX11-103	Biochemistry of Exercise and Sport
	SPEX11-334	Behaviour Change to Enhance Health
SEP 2027	SPEX12-312	Physiology and Biochemistry of Exercise and Sport
	SPEX13-337	Exercise and Sport for Lifelong Health
	SPEX11-304	Biomechanics of Exercise and Sport
JAN 2028	SPEX12-313	Introduction to Professional Practice in Exercise and Sport
	SPEX13-335	Exercise Testing, Prescription and Delivery
MAY 2028	SPEX13-340	Clinical Pathophysiology and Professional Practice
	SPEX13-339	Advanced Biomechanics of Exercise and Sport
	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery
SEP 2028	SPEX13-333	Professional Practice and Practicum (20CP)
	NUTR12-101	Sport and Exercise Nutrition

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