

Program Overview

Diploma of Health Sciences

Program Code	Total Subjects	Intake	Duration	Program Structure
CO-00016	9	J/S	2-3 Semesters	80 Credit Points

Undergraduate Program Transfer of Diploma Credit	
Name of Undergraduate Program	Number of Credit (CP)
Bachelor of Exercise and Sports Performance (CC-60028)	80

Note: Completion of a double degree may alter the transfer of credit points.

Available	Code	Title	Assumed Knowledge
J/M/S	BCDP02-111	Critical Thinking and Communication	
J/M/S	BCDP02-113	Collaboration for Global Change	
J/S	BCDP02-050	Introduction to Chemistry	
J/M	BCDP02-052	Chemistry for Living Systems	
J/M/S	BCDP02-053	Principles of Human Structure and Function	
J/M/S	BCDP02-054	Elementary Maths	
J/M	BCDP02-067	Human Organ Systems 1	BCDP02-053
J/S	BCDP02-066	Foundations of Exercise and Sport Science	

The information published in this document is correct at the time of printing. However, all programs are subject to review by the Academic Senate of the University and the University reserves the right to change its program offerings and subjects without notice.

Bachelor of Exercise and Sports Performance

Program Code	Total Subjects	Intake	Duration	Program Structure
CC-60028	16	M/S	4-6 Semesters	12 Foundation Subjects 4 Electives

Available	Code	Title	Assumed Knowledge
Compulsory Subjects (12)			
J/M/S	CORE11-012	Responsibility, Integrity and Civic Discourse	
M	SPEX11-113	Functional Anatomy	BMED11-109
M	SPEX11-103	Biochemistry of Exercise and Sport	BMED11-114 (Requisite)
S	SPEX11-304	Biomechanics of Exercise and Sport	
S	SPEX11-104	Sport, Health and Exercise Psychology	
S	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	BMED11-109; BMED11-110 (Assumed Knowledge) SPEX11-103 (Requisite)
J	HPER12-101	Health Research Methods	Anti_STAT11-112
J	SPEX13-335	Exercise Testing, Prescription and Delivery	
M	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport	SPEX12-312 (Requisite)
M	SPEX13-340	Clinical Pathophysiology and Professional Practice (<i>effective 262</i>)	SPEX12-313 (Requisite)
M	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery	SPEX13-335 (Requisite)
S	SPEX12-311	Motor Control and Learning in Exercise and Sport	
M	SPEX13-300	Exercise and Sports Performance Practice and Practicum (Capstone Project)	SPEX13-335 (Requisite)
Electives (4)			
Students may choose to undertake a University undergraduate subject or HSM-identified subject, provided the requirements are met.			

Note: Students must complete Beyond Bond: Professional Development and Community Engagement

Students commencing the Diploma of Health Sciences in September 2023 will receive Advanced Standing for:		
SEP 2023	BCDP02-111	Critical Thinking and Communication
	BCDP02-050	Introduction to Chemistry
	BCDP02-053	Principles of Human Structure and Function
	BCDP02-054	Elementary Maths
JAN 2024	BCDP02-113	Collaboration for Global Change
	BCDP02-052	Chemistry for Living Systems
	BCDP02-067	Human Organ Systems 1
	BCDP02-066	Foundations of Exercise and Sport Science

Transition to Bachelor of Exercise and Sports Performance in: May 2024

MAY 2024	CORE11-012	Responsibility, Integrity, and Civic Discourse
	SPEX11-103	Biochemistry of Exercise and Sport
	SPEX11-113	Functional Anatomy
		Elective
SEP 2024	SPEX11-104	Sport, Health and Exercise Psychology
	SPEX11-304	Biomechanics of Exercise and Sport
	SPEX12-312	Physiology and Biochemistry of Exercise and Sport
	SPEX12-311	Motor Control and Learning in Exercise and Sport
JAN 2025	SPEX13-335	Exercise Testing, Prescription and Delivery
	HPER12-101	Health Research Methods
		Elective
		Elective
MAY 2025	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport
	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery
	SPEX13-300	Exercise and Sports Performance and Practicum (Capstone Project)
		Elective

The information published in this document is correct at the time of printing. However, all programs are subject to review by the Academic Senate of the University and the University reserves the right to change its program offerings and subjects without notice.

Students commencing the Diploma of Health Sciences in January 2024 will receive Advanced Standing for:		
JAN 2024	BCDP02-111	Critical Thinking and Communication
	BCDP02-050	Introduction to Chemistry
	BCDP02-053	Principles of Human Structure and Function
	BCDP02-066	Foundations of Exercise and Sports Science
MAY 2024	BCDP02-113	Collaboration for Global Change
	BCDP02-054	Elementary Maths
	BCDP02-052	Chemistry for Living Systems
	BCDP02-067	Human Organ Systems 1

Transition to Bachelor of Exercise and Sports Performance in: Sept 2024

SEP 2024	SPEX11-304	Biomechanics of Exercise and Sport
	SPEX11-104	Sport, Health and Exercise Psychology
	SPEX12-311	Motor Control and Learning in Exercise and Sport
JAN 2025	HPER12-101	Health Research Methods
	CORE11-012	Responsibility, Integrity and Civic Discourse
	SPEX13-335	Exercise Testing, Prescription and Delivery
MAY 2025	SPEX13-338	Advance Exercise Testing, Prescription and Delivery
	SPEX11-103	Biochemistry of Exercise and Sport
	SPEX11-113	Functional Anatomy
SEP 2025	SPEX12-312	Physiology and Biochemistry of Exercise and Sport
		Elective
		Elective
JAN 2026		Elective
		Elective
MAY 2026	SPEX13-340	Clinical Pathophysiology and Professional Practice
	SPEX13-300	Exercise and Sports Performance Practice and Practicum (Capstone Project)

The information published in this document is correct at the time of printing. However, all programs are subject to review by the Academic Senate of the University and the University reserves the right to change its program offerings and subjects without notice.