

Program Overview

Diploma of Health Sciences

Program Code	Total Subjects	Intake	Duration	Program Structure
CO-00016	9	J/S	2 Semesters	80 Credit Points

Undergraduate Program Transfer of Diploma Credit	
Name of Undergraduate Program	Number of Credit (CP)
Bachelor of Exercise and Sports Performance (CC-60028)	80
Bachelor of Exercise and Sports Science (CC-60025)	60

Note: Completion of a double degree may alter the transfer of credit points.

Available	Code	Title	Assumed Knowledge
J/M/S	BCDP02-111	Critical Thinking and Communication	
J/M/S	BCDP02-113	Collaboration for Global Change	
J/S	BCDP02-050	Introduction to Chemistry	
J/M	BCDP02-051	Cell Biology	
J/M	BCDP02-052	Chemistry for Living Systems	
J/M/S	BCDP02-053	Principles of Human Structure and Function	
J/M/S	BCDP02-054	Elementary Maths	
J/M	BCDP02-067	Human Organ Systems 1	BCDP02-053
J/S	BCDP02-066	Foundations of Exercise and Sport Science	

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Bachelor of Exercise and Sports Science

Program Code	Total Subjects	Intake	Duration	Program Structure
CC-60025	17	M/S	5-7 Semesters	17 Foundation Subjects

Available	Code	Title	Assumed Knowledge
Compulsory Subjects (17)			
J/M/S	CORE11-112	Responsibility, Integrity and Civic Discourse	
M	SPEX11-113	Functional Anatomy	BMED11-109
M	SPEX11-103	Biochemistry of Exercise and Sport	BMED11-114 (Requisite)
S	SPEX11-304	Biomechanics of Exercise and Sport	
S	SPEX12-311	Motor Control and Learning in Exercise and Sport	
S	SPEX11-104	Sport, Health and Exercise Psychology	
S	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	BMED11-110; BMED11-109 (Assumed Knowledge), SPEX11-103 (Requisite)
J	HPER12-101	Health Research Methods	Anti_STAT11-112
J	SPEX13-335	Exercise Testing, Prescription and Delivery	
J	SPEX12-313	Introduction to Professional Practice in Exercise and Sports Science	
M	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport	SPEX12-312 (Requisite)
M	SPEX13-339	Advanced Biomechanics of Exercise and Sport	SPEX11-304 (Requisite)
M	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery	SPEX13-335 (Requisite)
M	SPEX13-334	Behaviour Change to Enhance Health	
S	NUTR12-201	Sport and Exercise Nutrition	BMED11-110; BMED11-205 (Assumed Knowledge)
S	SPEX13-337	Exercise and Sport for Lifelong Health	
S	SPEX13-333	Professional Practice and Practicum – Capstone Project	SPEX13-336; SPEX13-339; SPEX13-338; SPEX13-334; SPEX12-313 (Requisite)

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Students commencing the Diploma of Health Sciences in September 2023 will receive Advanced Standing for:		
SEP 2023	BCAS01-020	Academic Skills
	BCDP02-111	Critical Thinking and Communication
	BCDP02-050	Introduction to Chemistry
	BCDP02-053	Principles of Human Structure and Function
	BCDP02-054	Elementary Maths
JAN 2024	BCDP02-113	Collaboration for Global Change
	BCDP02-051	Cell Biology
	BCDP02-052	Chemistry for Living Systems
	BCDP02-067	Human Organ Systems 1

Transition to Bachelor of Exercise and Sports Science in: May 2024

MAY 2024	CORE11-112	Responsibility, Integrity and Civic Discourse
	SPEX11-113	Functional Anatomy
	SPEX11-103	Biochemistry of Exercise and Sport
SEP 2024	SPEX11-304	Biomechanics of Exercise and Sport
	SPEX12-311	Motor Control and Learning in Exercise and Sport
	SPEX11-104	Sport, Health and Exercise Psychology
	SPEX12-312	Physiology and Biochemistry of Exercise and Sport
JAN 2025	HPER12-101	Health Research Methods
	SPEX13-335	Exercise Testing, Prescription and Delivery
	SPEX12-313	Introduction to Professional Practice in Exercise and Sports Science
MAY 2025	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport
	SPEX13-339	Advanced Biomechanics of Exercise and Sport
	SPEX13-338	Advance Exercise Testing, Prescription and Delivery
	SPEX13-334	Behaviour Change to Enhance Health
JAN 2026	NUTR12-101	Sport and Exercise Nutrition
	SPEX13-337	Exercise and Sport for Lifelong Health
	SPEX13-333	Professional Practice and Practicum (20CP)

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Students commencing the Diploma of Health Sciences in January 2024 will receive Advanced Standing for:		
JAN 2024	BCAS01-020	Academic Skills
	BCDP02-111	Critical Thinking and Communication
	BCDP02-050	Introduction to Chemistry
	BCDP02-053	Principles of Human Structure and Function
	BCDP02-054	Elementary Maths
MAY 2024	BCDP02-113	Collaboration for Global Change
	BCDP02-051	Cell Biology
	BCDP02-052	Chemistry for Living Systems
	BCDP02-067	Human Organ Systems 1

Transition to Bachelor of Exercise and Sports Science in: Sep 2024

SEP 2024	SPEX11-304	Biomechanics of Exercise and Sport
	SPEX12-311	Motor Control and Learning in Exercise and Sport
	SPEX11-104	Sport, Health and Exercise Psychology
JAN 2025	SPEX13-335	Exercise Testing, Prescription and Delivery
	CORE11-112	Responsibility, Integrity and Civic Discourse
MAY 2025	SPEX11-113	Functional Anatomy
	SPEX11-103	Biochemistry of Exercise and Sport
	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery
SEP 2025	SPEX12-312	Physiology and Biochemistry of Exercise and Sport
	NUTR12-101	Sport and Exercise Nutrition
	SPEX13-337	Exercise and Sport for Lifelong Health
JAN 2026	HPER12-101	Health Research Methods
	SPEX12-313	Introduction to Professional Practice in Exercise and Sports
MAY 2026	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport
	SPEX13-339	Advanced Biomechanics of Exercise and Sport
	SPEX13-334	Behaviour Change to Enhance Health
SEP 2026	SPEX13-333	Professional Practice and Practicum (20CP)

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