Program Overview

Diploma of Health Sciences

Program Code	Total Subjects	Intake	Duration	Program Structure
CO-00016	9	J/S	2-3 Semesters	80 Credit Points

Undergraduate Program Transfer of Diploma Credit	
Name of Undergraduate Program	Number of Credit (CP)
Bachelor of Exercise and Sports Performance (CC-60028)	80
Bachelor of Exercise and Sports Science (CC-60025)	60

Note: Completion of a double degree may alter the transfer of credit points.

Available	Code	Title	Assumed Knowledge
J/M/S	BCDP02-111	Critical Thinking and Communication	
J/M/S	BCDP02-113	Collaboration for Global Change	
J/S	BCDP02-050	Introduction to Chemistry	
J/M	BCDP02-051	Cell Biology	
J/M	BCDP02-052	Chemistry for Living Systems	
J/M/S	BCDP02-053	Principles of Human Structure and Function	
J/M/S	BCDP02-054	Elementary Maths	
J/M	BCDP02-067	Human Organ Systems 1	BCDP02-053
J/S	BCDP02-066	Foundations of Exercise and Sport Science	

Diploma of Health Sciences

Transition to Bachelor of Exercise and Sports Performance (CC-60028)
Program Structure and Sequence Plans for 2024

Bachelor of Exercise and Sports Performance

Program Code	Total Subjects	Intake	Duration	Program Structure
CC-60028	16	M/S	4 Semesters	12 Foundation Subjects 4 Electives

Available	Code	Title	Assumed Knowledge
Compulsory Subjects (12)			
J/M/S	CORE11-112	Responsibility, Integrity and Civic Discourse	
M	SPEX11-113	Functional Anatomy	BMED11-109
M	SPEX11-103	Biochemistry of Exercise and Sport	BMED11-114 (Requisite)
S	SPEX11-304	Biomechanics of Exercise and Sport	
S	SPEX11-104	Sport, Health and Exercise Psychology	
S	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	BMED11-109; BMED11-110 (assumed Knowledge) BMED11-205 or SPEX11-103 (requisite)
J	HPER12-101	Health Research Methods	Anti_STAT11-112
J	SPEX13-335	Exercise Testing, Prescription and Delivery	
M	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport	SPEX12-312 (Requisite)
M	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery	SPEX13-335 (Requisite)
S	SPEX12-311	Motor Control and Learning in Exercise and Sport	
M	SPEX13-300	Exercise and Sports Performance Practice and Practicum (Capstone Project)	SPEX13-335
Electives (4)			
Students may choose to undertake a University undergraduate subject or HSM-identified subject, provided the requirements are met.			

Note: Students must complete Beyond Bond: Professional Development and Community Engagement

CRICOS Provider Code 00017B | TEQSA Provider ID PRV12072
Diploma of Health Sciences CRICOS Code: 093260K | Bachelor of Exercise and Sports Performance CRICOS Code: 0100510

Students commencing the Diploma of Health Sciences in September 2023 will receive Advanced Standing for:		
SEP 2023	BCAS01-020	Academic Skills
	BCDP02-111	Critical Thinking and Communication
	BCDP02-050	Introduction to Chemistry
	BCDP02-053	Principles of Human Structure and Function
	BCDP02-054	Elementary Maths
JAN 2024	BCDP02-113	Collaboration for Global Change
	BCDP02-051	Cell Biology
	BCDP02-052	Chemistry for Living Systems
	BCDP02-067	Human Organ Systems 1

Transition to Bachelor of Exercise and Sports Performance in: May 2024

MAY 2024	CORE11-112	Responsibility, Integrity, and Civic Discourse
	SPEX11-103	Biochemistry of Exercise and Sport
	SPEX11-113	Functional Anatomy
		Elective
SEP 2024	SPEX11-104	Sport, Health and Exercise Psychology
	SPEX11-304	Biomechanics of Exercise and Sport
	SPEX12-312	Physiology and Biochemistry of Exercise and Sport
	SPEX12-311	Motor Control and Learning in Exercise and Sport
JAN 2025	SPEX13-335	Exercise Testing, Prescription and Delivery
	HPER12-101	Health Research Methods
		Elective
		Elective
MAY 2025	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport
	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery
	SPEX13-300	Exercise and Sports Performance and Practicum (Capstone Project)
		Elective

Diploma of Health Sciences

Transition to Bachelor of Exercise and Sports Performance (CC-60028)
Program Structure and Sequence Plans for 2024

Students commencing the Diploma of Health Sciences in January 2024 will receive Advanced Standing for:		
JAN 2024	BCAS01-020	Academic Skills
	BCDP02-111	Critical Thinking and Communication
	BCDP02-050	Introduction to Chemistry
	BCDP02-053	Principles of Human Structure and Function
	BCDP02-054	Elementary Maths
MAY 2024	BCDP02-113	Collaboration for Global Change
	BCDP02-051	Cell Biology
	BCDP02-052	Chemistry for Living Systems
	BCDP02-067	Human Organ Systems 1

Transition to Bachelor of Exercise and Sports Performance in: Sept 2024

SEP 2024	SPEX11-304	Biomechanics of Exercise and Sport
	SPEX11-104	Sport, Health and Exercise Psychology
	SPEX12-311	Motor Control and Learning in Exercise and Sport
	SPEX13-335	Exercise Testing, Prescription and Delivery
JAN 2025	HPER12-101	Health Research Methods
	CORE11-112	Responsibility, Integrity and Civic Discourse
	SPEX11-103	Biochemistry of Exercise and Sport
	SPEX11-113	Functional Anatomy
MAY 2025	SPEX13-338	Advance Exercise Testing, Prescription and Delivery
	SPEX12-312	Physiology and Biochemistry of Exercise and Sport
		Elective
		Elective
SEP 2025		Elective
		Elective
	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport
	SPEX13-300	Exercise and Sports Performance Practice and Practicum (Capstone Project)

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Diploma of Health Sciences CRICOS Code: 093260K | Bachelor of Exercise and Sports Performance CRICOS Code: 0100510