Three steps to health protection

Please show this document to your doctor to help you complete your health protection tasks.

STEP 1	**Request new blood tests:** All students must request **new** blood tests (even if you have had them in the past) for the following: 1. Hepatitis B 2. HIV and HCV (Complete the [NSW Health Blood Borne Virus Student Declaration Form (BBV Form)](#) when you receive your results.) 3. Measles, Mumps and Rubella (MMR) 4. Varicella
STEP 2	**Locate your vaccination history from childhood to now:** You must provide official medical records (Doctor/Government/Pathology Lab, etc.) of your vaccination history for **Hep B, Varicella, MMR, COVID, influenza and dTPa**. Ensure all records include both your name and the name of the issuing organisation/clinic/doctor, etc. You can locate your records by: 1. Asking your parents for your baby/childhood records 2. Asking your past and/or present family doctor/s 3. Contacting the Immunisation Registry in your country 4. Requesting school vaccination program records from the local city council or the local public health unit in your school's area. Google the contact details or call your school for more information. For students vaccinated in Australia, you can obtain your official Australian Immunisation Register here. If, **after trying all the above avenues**, you have been unable to obtain the required vaccination evidence, please email Fit to Practice Co-Ordinator. (You may be required to have further vaccinations as part of the compliance process.)
STEP 3	**Ensure your vaccinations are up to date** Your dTpa vaccination MUST NOT expire *during you're the course of your program.* - If it expires during your program, you will need to have a new **Adacel** or **Boostrix** vaccination at the commencement of your program to meet Fit to Practice requirements. If your serology is negative/low positive for Measles, Mumps, Rubella, Varicella and/or Hep B, you will require a booster vaccination from your GP/Pharmacist

NOTE: After you obtained your results and documentation, save as PDF using the naming conventions listed for each task and upload to Osler during Orientation week or as required during your program.