



Building a better *Bondy*

Academic, career & wellbeing support for all Bondies



STUDENT SUCCESS & WELLBEING
bond.edu.au/ssw



The importance of becoming a better Bondy

Hello Bondies!

Welcome you to Bond University! You can now officially call yourself a Bondy and that comes with a lot of opportunities, support and experiences. It is also important as a Bondy to take time to think about your wellbeing.

To kick-off the semester, we would like to highlight our range of academic, career and wellbeing services available to YOU! These services are highlighted in this book and we encourage you to keep this on hand throughout the year so support is always at your fingertips.

It is also crucial to empower and educate yourself to ensure you have the necessary tools to manage your own wellbeing, and act as capable support for the people around you. The Building a Better Bondy community on the iLearn system contains a range of free resources and subjects discussing inclusion, harassment, diversity, consent and much more.

Also within this community is the compulsory Safe & Respectful Community eLearning module that all new students must complete by the end of week 6. You can access all these modules and resources by visiting ilearn.bond.edu.au and look for Building a Better Bondy under the Communities section.

Kind regards

Your Student Success & Wellbeing team

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Nyombil Indigenous Support Centre

The Nyombil Centre is a place of learning and change with a dedicated team who will help you transition into university life and into the workforce.

Our team deliver inclusive and culturally safe support programs and practices with a focus on empowering students to reach their full potential.

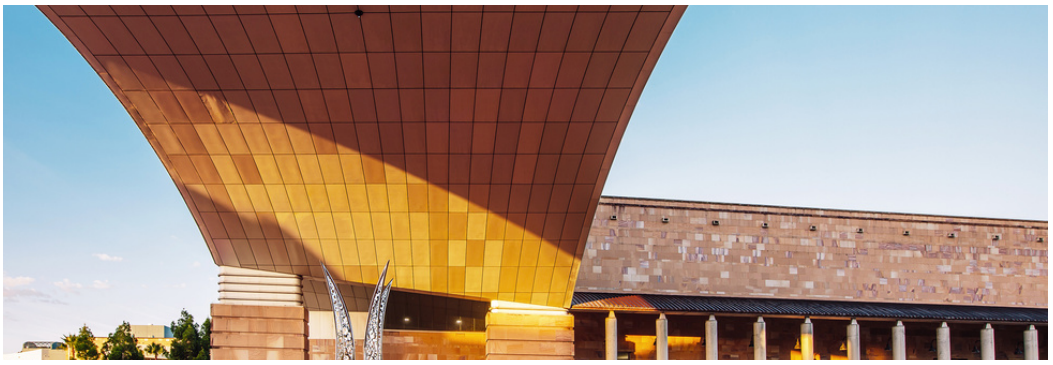
Programs & Support

- The Leadership and Development program curriculum assists students in preparing for the changing landscape of future employment by fostering the development of employability skills whilst emphasising the importance of cultural leadership.
- Yarning with Purpose provides a platform for the sharing of our knowledges and ways of knowing among our students and throughout the university. Students have the opportunity to host a range of discussions with both their local and Bond community members.
- Indigenous Student Mentoring and Tutoring Program aims to assist Aboriginal and Torres Strait Islander students to participate equitably in your chosen field of study. Our tutoring program takes a holistic approach, and our tutors are trained to assist with all of your academic needs and with the transition into Bond University. The program is free for eligible students.



Nyombil Indigenous Support Centre

Level 1 of the North Tower Student Accommodation
E: nyombilcentre@bond.edu.au
bond.edu.au/nyombil



Academic Skills Centre

English, academic skills & maths

Want to succeed at university? Ask the ASC! We offer all students free one on one personalised help with organising your assignments, study strategies, academic writing, referencing, and maths.

Further resources covering the following topics are available through iLearn:

- What's the best way to study at university
- What's academic writing all about?
- What's the difference between the writing we did at high school and the writing at uni?
- How do I do the referencing and paraphrasing stuff?
- Help! I need some help with maths – what should I do?

You can also use our iLearn page to make an appointment with one of our advisors.



Academic Skills Centre

Building 9 (Student Court opposite Don's Tavern)
T: 5595 4783
E: asc@bond.edu.au
bond.edu.au/asc



Bond Wellbeing Services

Bond University is committed to providing programs, services and a supportive environment to ensure the wellbeing of all students both on campus and off-shore.

Our team is prepared with an all encompassing service that takes into consideration every aspect of student wellbeing.

All students have access to personalised support services to help you during your time at Bond, including:

- **Student Wellbeing Advisors** Faculty-based student wellbeing support
- **BondCare** Safety & Wellbeing Reporting/Referral System
- **Medical Services** On-campus & phone access to doctors/nurses
- **Counsellors** Free, confidential counselling service
- **Accessibility & Inclusion** Support to ensure an accessible & inclusive campus for all



Student Wellbeing Advisors

If you're not sure where to turn, your Student Wellbeing Advisors are here to empower you.

Our team is prepared with an all encompassing service that takes into consideration every aspect of student wellbeing.

Our aim as a part of the Wellbeing team at Bond University is to promote and focus on our students with our 3 main values at the core of what we do:

- Promote social, emotional, physical and psychological wellbeing for Bond students
- Be a trusted source of support for Bond students
- Work together to empower Bond students

How to reach out to the Student Wellbeing Advisors:

Our Student Wellbeing Advisors will work with you to create a personalised plan to support all areas of your social, emotional, physical and psychological wellbeing.

To reach out to the team, you can log a referral in the BondCare system.

For more information or to submit a BondCare referral visit bond.edu.au/BondCare or email wellbeing@bond.edu.au.



Medical Services

The doctors and nurses can provide the following services:

- General medical treatment, advice & testing
- Female Health
- Health Placement Compliance
- Referrals
- Vaccinations/Immunisations
- Preventive medical treatment
- Sexual Health advice
- Prescriptions
- Blood test request
- Medical Certificates
- Referral for Specialist, X-rays and ultrasounds
- Dive Medicals and Health assessments

Counsellors

Our Registered Psychologists can assist with clinical and non-clinical issues that you may have found difficult to deal with alone.

Our team will offer you understanding, support and new perspectives on personal, relationship, academic or work-related problems such as:

- Adjustment to university life
- Exam and study stress
- Relationship or family difficulties
- Stress, anxiety and depression
- Disordered eating and body image issues
- Lack of confidence or motivation
- LGBTIQ issues
- Bereavement
- Traumatic experiences



Wellbeing Services

Building 9 (Student Court opposite Don's Tavern)
T: 5595 4043
E: ssmc@bond.edu.au
bond.edu.au/wellbeing

Accessibility & Inclusion

The Accessibility & Inclusion Advisor will ensure that Bond University students who require and qualify for reasonable adjustments are afforded the same opportunities as their peers in all areas of campus life.

Do you have a:

- physical condition
- hearing impairment
- mental health condition
- medical condition
- learning disability
- vision impairment
- neurological condition

**Make an application by the end of week 2
via bond.edu.au/BondAbility or email
accessibility@bond.edu.au.**



After hours medical

- **Health Direct** 1800 022 222
- **13HEALTH** 13 43 25 84
- **After Hours Doctor Palm Beach** 24 Palm Beach Ave, Palm Beach, 5534 3633
- **Gold Coast After Hours Doctor** 125 Nerang Street, Southport, 5532 8666



*Scan for detailed list of
after hours medical
services*

Local hospitals

- **Robina Hospital** 2 Bayberry Lane, Robina 5668 6000
- **Gold Coast Uni Hospital** 1 Hospital Blvd, Southport 1300 744 284

Suicide prevention resources

SERVICE	PHONE	WHAT THEY DO
Emergency	000	Police, ambulance & fire
Crisis Assessment & Treatment Team	1300 642 255	Assists people in crisis with mental health problems including people who are close to suicide
Headspace	1800 650 890	Phone/online service for young people & families going through a tough time
Lifeline	13 11 14	Support for people experiencing a personal or community crisis
Suicide Call Back Service	1300 659 467	Phone/online counselling for anyone affected by suicide
Wellmob	Wellmob.org.au	Resources/counselling for Aboriginal & Torres Strait Islander people with a focus on social & emotional wellbeing





Career Development Centre

Underpinning all the unique advantages that Bond offers, the CDC's goal is to help you find, not just a job, but a meaningful, rewarding and challenging career.

The Employability Equation

What will your impact be?

CAREER ADVICE

Your time at university isn't confined to the classroom. The Career Counselling Team provide a personalised service to students and Bondies. We can help you explore and define your career path, work with you on job applications and resumes, prepare for interviews and make connections with key employers.

PLACEMENTS

The Industry Team will work with employers to design an experience for you that adds value to your degree and study. The placements are discipline related and tailored to your interest areas and you will be under the supervision of an industry professional from your study area.

GET CONNECTED

Join workshops, seminars, networking events and the annual Job & Internship Fair to access opportunities to grow your network and improve your skills ensuring you stand out now and after you graduate.

BONDSCOUT

Accessed only by Bond students and alumni plus employers seeking Bond talent, BondScout is an online careers and employment portal. Once a Bondy, you have access to jobs, events, careers resources and much more.



*Scan to access your
BondScout profile.*

International Internships & Graduate Programs

Internships and graduate roles are a fantastic way to enter and experience the workforce. Here at the Career Development Centre we offer some exciting options in going that one step further, to undertake an internship during your degree or seek a role overseas upon graduating!

Opportunities include:

BRUSSELS SOG

Spend a semester at Brussels School of Governance in Belgium, completing courses of study plus an internship to earn 30 - 40 credit points*.

SERJEANTS' INN CHAMBERS (LONDON)

Discover law in London and complete a course towards your degree. Faculty of Law in partnership with Serjeants' Inn offers one student each year the opportunity to learn from legal experts, on a 2-3week transformational learning program*.

Further overseas internship opportunities are available with partner providers, offering a variety of exciting destinations such as Spain, China, Canada and more!

EXPERIENCE AN INTERNSHIP IN THE CAREER FIELD YOU DESIRE WITH CIS AUSTRALIA:

- Programs available for various global destinations and durations throughout the year
- Students must meet entry requirements as set by CIS Australia
- Local staff based on the Gold Coast

cisaustralia.com.au

Experience an internship in the career field you desire with The Intern Group:

- Programs available for various global destinations and durations throughout the year
- Students must meet entry requirements as set by The Intern Group
- Bond students are eligible for a 10% discount on The Intern Group's standard program fees

theinterngroup.com



Career Development Centre

Ground Floor, Building 9 Accommodation Centre
T: 5595 3388
E: cdc@bond.edu.au
bond.edu.au/cdc



Library Services

Get a head start with these tools and services from the library.

Ask a Librarian

- Make an online or in-person appointment with your Faculty Librarian
- Search or browse our FAQs
- Online Chat service
- Submit a question



Book a Study Space

Looking for a place to do group projects or study?

The library offers a range of bookable study rooms and spaces, available in the Main Library, Law Library and Multimedia Learning Centre.



Accessible Facilities & Services

Further assistance is provided by Library Services including an Assistive Technology Room, wheelchair access and accessible toilets.

The Accessibility and Inclusion Advisor may refer you to the Library team to provide assistance and support with resource enquiries. The team will work with you to understand your request and obtain the resource you need in the format required.

Online Courses

The library has developed two self-paced online courses that can be completed for Beyond Bond progress.



11½ Things for Digital Literacy is a self-paced, online microcredential that allows you to experience new tools, technologies and ways of thinking about the digital environment. Available free of charge to all Bond students.



Build foundational skills for researching, finding, storing, and using information at university. This free, self-paced course is suitable for anyone new or returning to university study.

Library Research Guides

Library guides are your go-to resource for 24/7 information on subject specific research, referencing and more. Other guides focus on topics such as copyright, e-books, open access resources, cultural knowledge, and research practices such as data management, and systematic reviews.



Library Services



Main Library - Building 1b
Law Library - Building 4
Multimedia Learning Centre - Building 1a
T: 5595 1510
E: library@bond.edu.au
bond.edu.au/library

LIMITLESS LEARNING

FREE TUTORING & SOCIAL CONNECTIVITY PLATFORM



There are three programs available:

STUDENT MENTORING & TUTORING

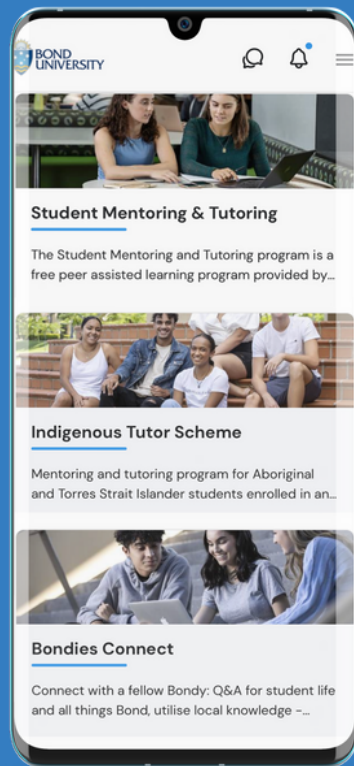
Academic support provided by students for students. Connect with a Tutor Fellow for one-on-one academic tutoring.

INDIGENOUS TUTORING

This program assists Aboriginal and Torres Strait Islander students to participate equitably in your chosen field of study. It takes a holistic approach and tutors are trained to assist with all of your academic needs.

BONDIES CONNECT

Social connectivity program that is perfect for a range of local and international students.



Download the VYGO app to sign-up today!
bond.edu.au/limitless-learning



Student Success & Wellbeing
Bond University
Gold Coast Queensland 4229 Australia
bond.edu.au/ssw

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