

RESEARCH HIGHLIGHTS 2018

Psychology Associate Professor Dr Peta Stapleton continues her success with her 'Tapping' research:

Psychology Associate Professor, Dr Peta Stapleton has had her Tapping research featured in **Marie Claire Magazine (UK)**. The article provides an overview of Peta's research and how Tapping is an effective self-care method. There is also a step-by-step process on how to Tap.

You can read the article at www.marieclaire.co.uk/life/health-fitness/eft-emotional-freedom-techniques-581690.

Congratulations Peta - an amazing achievement!



Dr Peta Stapleton on The Glenn Mackintosh Show



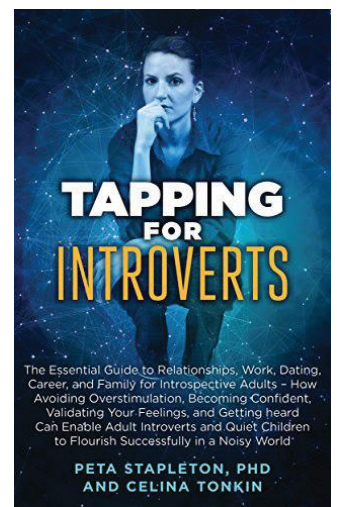
Was **The Biggest Loser** a guilty pleasure of yours? Our Associate Professor of Psychology, Dr Peta Stapleton, sat down with psychologist, **Glenn Mackintosh** of **The Biggest Loser** and Founder of **Weight Management Psychology**, to discuss how EFT/tapping can help curb those everyday food cravings.

A very informative and entertaining podcast, congratulations Peta! Listen to the podcast at this address: www.weightmanagementpsychology.com.au/dr-peta-stapleton-the-science-behind-tapping

Tapping for Introverts

Congratulations are in order for our Associate Professor of Psychology, Dr Peta Stapleton, who recently released an online book "**Tapping for Introverts**" with EFT practitioner **Celina Tonkin**. Peta talks about the ways adult introverts and quiet children can use Tapping to "flourish successfully in a noisy world".

To learn more about Peta's eBook visit www.amazon.com/Tapping-Introverts-Relationships-Introspective-Overstimulation-ebook/.



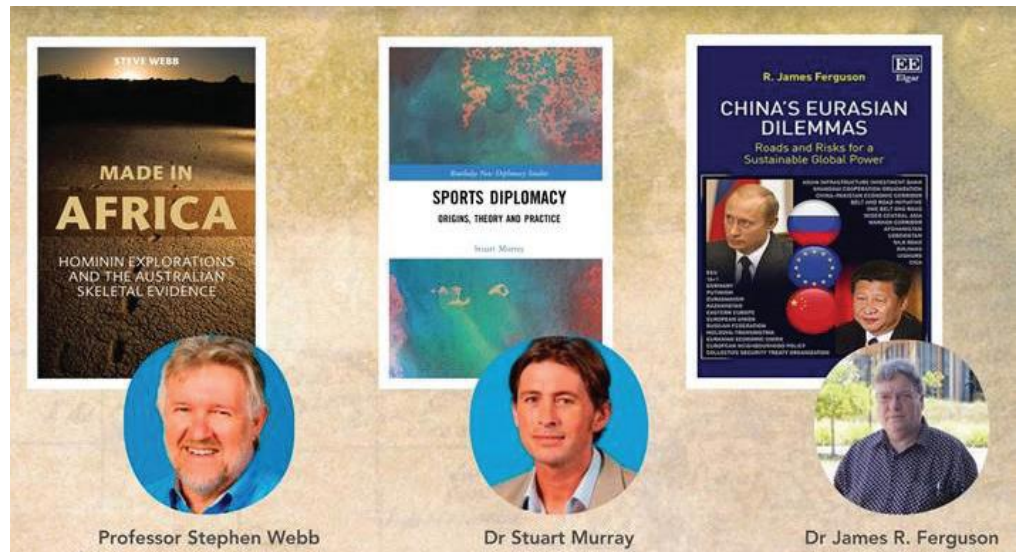
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FSD Book Launch Event

The Faculty of Society & Design extended their congratulations to Professor Steve Webb, Dr Stuart Murray and Dr James R. Ferguson on their 2018 academic publications. In recognition of their successes, the Executive Dean, Professor Derek Carson, hosted a book launch among colleagues and industry partners.



Dr Stuart Murray's ongoing work on Sports Diplomacy

Grant title: Sports Diplomacy - city, nation and commonwealth perspectives

In 2016, The Department of Foreign Affairs and Trade (DFAT) awarded Dr Caitlin Byrne and Dr Stuart Murray a \$60,000 grant for a collaborative research program. This focused on the role that sport has, does and should play in Australia's international reputation, diplomacy and relationships.

Running from 2016-2019, the primary goals of the research were:

1. Evaluate the impact of the Australian government's new Sports Diplomacy Strategy
2. Connect and engage scholars, practitioners and community through dialogue and collaborative research to improve the understanding and application of sport as an untapped diplomatic asset
3. Generate academic scholarship and traditional and new media outputs that will enhance the theory and practice of sports diplomacy
4. Establish Australia as a leader and innovator of sports diplomacy scholarship and practice.

Each of these deliverables has been achieved and surpassed.

Review and Renewal of the Australian Sports Diplomacy Strategy (2015-2018)

In August 2018, DFAT and the Department of Health (represented by the Office for Sport) awarded Dr Stuart Murray and two other colleagues (Professor Caitlin Byrne, The Griffith Asia Institute, and Dr Emma Sherry, Swinburne University) a substantial research consultancy grant to review the first Australian Sports Diplomacy Strategy (2015-2018) with a view to launching a second, much-improved version (named Sports Diplomacy 2030). Dr Murray was awarded \$30,000 for his role in this large, multi-disciplinary and substantial project. Working over a period of three months, the team interviewed over 300 key stakeholders across every state and territory capital. More specifically, the project delivered the following:

1. A desktop review of the first Sports Diplomacy Strategy
2. A review of how other nations practice sports diplomacy
3. Consultation with the Australian sports industry and other relevant government, NGO, and business stakeholders (written and focus groups)
4. A new, revised Strategy entitled Sports Diplomacy 2030

All of these deliverables have been achieved. The new Strategy was launched by on February 2019 at Olympic Park, Sydney, by Senator Marise Payne (Minster for Foreign Affairs), Senator Bridget McKenzie (Minister for Regional Services, Sport, Local Government & Decentralisation), and Senator Anne Ruston (Assistant Minister for International Development & the Pacific).