

Functional/ Activity Limitation	Kinematic Deviations	Underlying Impairments	Short Term goal	Intervention	How to progress	Home Program/Independent Practice	EBP
1. Requires x1 assist for bridging							
2. Requires x1 assist for rolling to left							
3. Requires x1 assist for lie - sit							
4. Poor sitting alignment – leaning to L							
5. Decreased dynamic sitting balance – unable to ROBOS							

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6. STS – decreased motor control. Requires x1 assist. Dec loading R LL. Poor pre-extension phase.							
7. Standing balance & alignment – unable to stand unsupported. Dec loading R LL							
8. Unable to mobilise							
9. Requires x2 assist for transfers							

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10. Decreased ability to weight bear through R UL							
11. Unable to perform indep reach with R UL							
12. Dec grip strength.							
13. Decreased wrist extension during grasp and release							

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14. Unable to manipulate objects within hand							

Please note that within the Underlying Impairment column and subsequently the Intervention column the following impairments need to be addressed:

- Dysphasia – receptive and expressive
- R homonymous hemianopia
- R hemianaesthesia – UL and LL; distal> proximal
- Decreased proprioception – UL and LL
- Decreased ROM shoulder – pain limited
- Decreased UL muscle strength; distal>proximal
- Decreased muscle length gastroc and soleus

Division of Workload

Problems 1, 2, 3, 4 & 5 =

Problems 6, 7, 8 & 9 =

Problems 10, 11, 12, 13 & 14 =