

National Wellness for Law Forum

Do No Harm
15 - 16 February, 2018



Bond University, Gold Coast



DAY ONE

15 FEBRUARY - WELLBEING IN LEGAL EDUCATION

Time	Activity	Facilitator
7am - 7.45am	Yoga <i>Sports Centre, Building 18, Level 3, Yoga Room</i>	
8.30am - 9am	Registration <i>Princeton Room Landing, Building 6, Level 3</i>	
9am - 9.15am	Welcome by Executive Dean, Bond University Faculty of Law <i>Princeton Room, Building 6, Level 3</i>	Prof Nick James, Executive Dean, Faculty of Law, Bond University
9.15am - 10.15am	Keynote Address <i>Princeton Room, Building 6, Level 3</i> Do No Harm to Law Students: Intentionally Designing Curriculum to Support Law Student Wellbeing	Dr Chi Baik, CSHE Melbourne University
10.15am - 10.45am	Keynote Address <i>Princeton Room, Building 6, Level 3</i> What is Wellness? The Role of Human Values	Prof Jonathan Crowe, Bond University
10.45am - 11.15am	Morning Tea <i>Princeton Room, Building 6, Level 3</i>	
11.15am - 12.45pm	CONCURRENT SESSION 1 <i>Case Study 1 (6_4_11)</i> Perspectives from Practical Legal Education Stream	CONCURRENT SESSION 2 <i>Lecture 1 (6_2_12)</i> Empirical Research Stream
11.15am - 11.45pm	Interdisciplinary Collaboration to Design and Deliver a Resilience and Wellbeing Module at UTAS: Olivia Rundle, Naomi Bryant, Fiona McCarthy, University of Tasmania	Examining disordered eating in Australia Law Students and Lawyers: Natalie Skead and Jerome Doraisamy, University of Western Australia
11.45am - 12.15pm	The LEO Cussens 'Thriving in your Career' Program: Claire Humble, Leo Cussen Centre for Law	Joining the Dots: Connecting Empathy, Wellbeing and Mental Health for Law Students at Monash University 2014 - 2017: Adiva Sifris, Becky Batagol, Ben Spivak, Brett Williams
12.15pm - 12.45pm	Embedding Mental Health Promotion in the Legal Education Curriculum: Michael Appleby and Judy Bourke, College of Law	An Exploration into the Mental Health of Victoria University First Year Law Students 'VULS': Cane Mitchell, Victoria University
12.45pm - 1.30pm	Lunch <i>Princeton Room, Building 6, Level 3</i>	
1.30pm - 3pm	Student session <i>Princeton Room, Building 6, Level 3</i>	
3pm - 3.30pm	Afternoon tea <i>Princeton Room Landing (Terracotta tiles)</i>	
3.30pm - 5pm	CONCURRENT SESSION 1 <i>Case Study 1 (6_4_11)</i> Legal Education and Clinical Legal Education Stream	CONCURRENT SESSION 2 <i>Lecture 1 (6_2_12)</i> Values and Ethics Stream
3.30pm - 4pm	Wellness in Legal Education - Managing Difficult Behaviours: Graeme Haas, College of Law	The Role of a Law Student Pledge in Shaping Positive Professional Identities: Karina Murray, Trish Mundy, John Littrich, Kate Tubridy, University of Wollongong
4pm - 4.30pm	Vicarious Trauma Protocols Enhancing Wellbeing in Clinical Legal Education: Lloyd England and Jacqueline Weinberg, Monash University	Deconstructing and reconstructing core motivating beliefs about law without causing destruction: Anneka Ferguson, Australian National University
4.30pm - 5pm	An Exploration of Teachers' Perceptions of Teaching Clinical Legal Education and Its Impact Upon Academic Teachers' Wellbeing: Caroline Strevens, University of Portsmouth	Values: The Flip-side of the Wellbeing Coin: Vivien Holmes, Australian National University
5pm - 5.30pm	Keynote Address <i>Theatre 3 (6_3_29)</i> Buttercup Sues her Law School - Tertiary Legal Education Providers' Liability in the Tort of Negligence Not to Cause Pure Mental Harm: Duty of Care	Lloyd England, Monash University
5.30pm - 5.45pm	Reflection and Close of Day 1 <i>Theatre 3 (6_3_29)</i>	Rachael Field and Marie Jepson

All attendees are invited to attend an informal self-funded conference dinner at 6.30pm at the close of Day 1. Venue TBC.

DAY TWO

16 FEBRUARY - WELLBEING IN THE LEGAL PROFESSION

Time	Activity	Facilitator	
7am - 7.45am	Yoga <i>Sports Centre, Building 18, Level 3, Yoga Room</i>		
8.30am - 9am	Registration <i>Basil Sellers Foyer, Building 6, Level 3</i>		
9am - 9.15am	Welcome by Executive Dean, Bond University Faculty of Law <i>Theatre 3 (6_3_29)</i>	Prof Nick James, Executive Dean, Faculty of Law, Bond University	
9.15am - 10.15am	Practitioner Panel <i>Theatre 3 (6_3_29)</i> Doing No Harm: Experiences in Practice <ul style="list-style-type: none"> Practitioner stories Q&A 	Rolf Moses CEO elect, QLS Panel: Georgia Edwards - Ramsden Lawyers Jerome Doraisamy - Author, Advocate and Consultant Ken Petty - Managing Partner, Minter Ellison GC Rachel Spearing - Master of the Inner Temple Belinda Winter - Partner, Cooper Grace Ward Lawyers	
10.15am - 10.45am	Keynote Address <i>Basil Sellers Foyer, Building 6, Level 3</i> Weather Ahead: The Influence of Ethical Climate on Psychological Wellbeing and Professionalism in Newly-Admitted Lawyers	Prof Tony Foley, A/Prof Vivien Holmes and Dr Stephen Tang, Australian National University	
10.45am - 11.15am	Morning Tea <i>Basil Sellers Foyer, Building 6, Level 3</i>		
11.15am - 12.45pm	QLS Program <i>Theatre (6_3_29)</i> Leading Wellness in the Legal Profession This session will: explore the current state of wellbeing in the legal profession; identify why the legal profession is particularly susceptible to mental health issues; provide a workplace framework to support creation of a mentally healthy team; develop understanding when an employee is struggling with a mental health concern and be able to proactively support and assist them.	Facilitator: Sheila Kushe, QLS	
12.45pm - 1.45pm	Lunch <i>Basil Sellers Foyer, Building 6, Level 3</i>		
1.45pm - 3.15pm	CONCURRENT SESSION 1 <i>Case Study 1 (6_4_11)</i> Vicarious Trauma Stream	CONCURRENT SESSION 2 <i>Lecture 1 (6_2_12)</i> International Perspectives Stream	CONCURRENT SESSION 3 Family Law Stream
1.45pm - 2.15pm	Vicarious Trauma in Legal Practice: Dr Colin James, Australian National University and University of Newcastle	Mental Health in the Legal Profession: Established Wellbeing Training, and Support Programs in Legal Settings in Australia, New Zealand, UK and Canada. Directions for the Future: Robyn Bradey, Mental Health Accredited Social Worker and Consulted	The Therapeutic Relationship Between Family Lawyers and Mental Health: Evaluating and Extending the Integrated Client Service Delivery Program: Emma Cook, Family Court of Australia
2.15pm - 2.45pm	Legal Professionals' Response to Working with Client Traumatic Material: Patricia Weir, Associate Professor Liz Jones, Dr Nicola Sheeran, School of Applied Psychology and Menzies Health Institute Queensland, Griffith University	Trends in the United States: An Introduction to The Path to Lawyer Wellbeing: Practical Recommendations for Positive Change: Elizabeth Kelley, US	Supporting Family Lawyers Achieve Mindfulness in the Moment: The 4-Breaths Technique: Cameron Aggs, MAPS
2.45pm - 3.15pm	Stress Less - Laugh More - It's the L.A.W. (Laughter At Work) - Using Laughter to Cope with Vicarious Trauma: Jackie Curren, Laughter Lawyers	Internationally Relevant Wellbeing Strategies: A Case for Being Curious: Florence Thum, College of Law	
3.15pm - 3.45pm	Afternoon tea <i>Basil Sellers Foyer, Building 6, Level 3</i>		
3.45pm - 4.15pm	Presentation <i>Theatre (6_3_29)</i> Healthy Workplaces		Kasey Zun, Diversity and Inclusion Manager, Asia-Pacific, Ashurst
4.15pm - 5.30pm	The Future: Disruption, Resilience, Health <i>Theatre (6_3_29)</i>		Prof Nick James, Executive Dean, Faculty of Law, Bond University
5.30pm	Conference closing cocktail reception (for registered attendees)		

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