

Bachelor of Exercise and Sports Science

With Advanced Standing from the Bond University College Diploma of Health Sciences



This Program Structure and Sequence (PSS) is **ONLY** for students admitted to CC-60025 Bachelor of Exercise and Sports Science. Prior to enrolling, students are responsible for checking any assumed knowledge, pre-requisite conditions & potential timetabling clashes. Please seek advice from an Academic Advisor in the Student Business Centre

2022

Program Structure						
Program Code	Version	CRICOS	Intakes	Total Subjects	Credit Points	Duration
CC-60025	5	080641D	January	23	240	2 Years
Assumed Knowledge						
This is the minimum level of knowledge needed to successfully complete this subject. Students who do not possess this knowledge are strongly recommended against enrolling and do so at their own risk. While this is not a barrier to enrolment, students lacking the recommended knowledge will be considerably disadvantaged. There will be no adjustments or special considerations made for a lack of prior knowledge.						
Advanced Standing from the Bond University College Diploma of Health Sciences* (6)	Code	Title	Assumed Knowledge	Pre-requisite		
	CORE11-001	Critical Thinking and Communication				
	CORE11-002	Collaboration, Teams, and Leadership	CORE11-001			
	BMED11-109	Principles of Human Structure & Function				
	BMED11-114	Chemistry for Living Systems				
	SPEX11-102	Foundations of Exercise and Sport Science				
	BMED11-110	Human Organ Systems 1	BMED11-109			
Foundation Subjects (17)						
Jan/May/Sep	CORE11-003	Responsibility, Integrity and Civic Discourse	CORE11-002			
May	SPEX11-113	Functional Anatomy	BMED11-109			
May	SPEX11-103	Biochemistry of Exercise and Sport			BMED11-114	
Sep	SPEX11-304	Biomechanics of Exercise and Sport				
Sep	SPEX12-311	Motor Control and Learning in Exercise and Sport				
Sep	SPEX11-104	Sport, Health and Exercise Psychology				
Sep	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	BMED11-110, BMED11-109		SPEX11-103	
Jan	HPER12-01	Health Research Methods				
Jan	SPEX13-335	Exercise Testing, Prescription and Delivery				
Jan	SPEX12-313	Introduction to Professional Practice in Exercise and Sports Science				
May	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport			SPEX12-312	
May	SPEX13-339	Advanced Biomechanics of Exercise and Sport			SPEX11-304	
May	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery			SPEX13-335	
	SPEX13-334	Behaviour Change to Enhance Health				
Sep	NUTR12-101	Sport and Exercise Nutrition	BMED11-110 & SPEX11-103			
Sep	SPEX13-337	Exercise and Sport for Lifelong Health				
Sep	SPEX13-333	Professional Practice and Practicum - Capstone Project (20CP)			SPEX13-336 SPEX13-339 SPEX13-338 SPEX13-334	
Sequence Plan for students via BUC commencing May 2022						
Semester	Code	Title	Assumed Knowledge	Pre-requisite		
222	CORE11-003	Responsibility, Integrity and Civic Discourse	CORE11-002			
	SPEX11-113	Functional Anatomy	BMED11-109			
	SPEX11-103	Biochemistry of Exercise and Sport			BMED11-114	
223	SPEX11-304	Biomechanics of Exercise and Sport				
	SPEX12-311	Motor Control and Learning in Exercise and Sport				
	SPEX11-104	Sport, Health and Exercise Psychology				
231	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	BMED11-110, BMED11-109		SPEX11-103	
	HPER12-101	Health Research Methods				
	SPEX13-335	Exercise Testing, Prescription and Delivery				
	SPEX12-313	Introduction to Professional Practice in Exercise and Sports Science				

232	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport		SPEX12-312
	SPEX13-339	Advanced Biomechanics of Exercise and Sport		SPEX11-304
	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery		SPEX13-335
	SPEX13-334	Behaviour Change to Enhance Health		
233	NUTR12-101	Sport and Exercise Nutrition	BMED11-110 & SPEX11-103	
	SPEX13-337	Exercise and Sport for Lifelong Health		
	SPEX13-333	Professional Practice and Practicum (20CP)		SPEX13-336 SPEX13-339 SPEX13-338 SPEX13-334
Sequence Plan for students via BUC commencing September 2022				
Semester	Code	Title	Assumed Knowledge	Pre-requisite
223	SPEX11-304	Biomechanics of Exercise and Sport		
	SPEX12-311	Motor Control and Learning in Exercise and Sport		
	SPEX11-104	Sport, Health and Exercise Psychology		
231	SPEX13-335	Exercise Testing, Prescription and Delivery		
	SPEX12-313	Introduction to Professional Practice in Exercise and Sports Science		
232	SPEX11-113	Functional Anatomy	BMED11-109	
	SPEX11-103	Biochemistry of Exercise and Sport		BMED11-114
	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery		SPEX13-335
	SPEX13-339	Advanced Biomechanics of Exercise and Sport		SPEX11-304
233	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	BMED11-110, BMED11-109	SPEX11-103
	NUTR12-101	Sport and Exercise Nutrition	BMED11-110 & SPEX11-103	
	SPEX13-337	Exercise and Sport for Lifelong Health		
241	HPER12-101	Health Research Methods		
	CORE11-003	Responsibility, Integrity and Civic Discourse	CORE11-002	
242	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport		SPEX12-312
	SPEX13-334	Behaviour Change to Enhance Health		
243	SPEX13-333	Professional Practice and Practicum (20CP)		SPEX13-336 SPEX13-339 SPEX13-338 SPEX13-334

***Students will complete CORE11-004 Beyond Bond during their degree. This subject is worth 0 Credit Points**

****Any change to this recommended study plan will not ensure completion within 6 semesters**