



Bachelor of Exercise and Sports Performance

With Advanced Standing from the Bond University College Diploma of Health Sciences

This Program Structure and Sequence (PSS) is **ONLY** for students admitted to CC-60025 Bachelor of Exercise and Sports Science. Prior to enrolling, students are responsible for checking any assumed knowledge, pre-requisite conditions & potential timetabling clashes. Please seek advice from an Academic Advisor in the Student Business Centre

2020

Program Structure

Program Code	Version	CRICOS	Intakes	Total Subjects	Credit Points	Duration
CC-60028	1	100510	September	24	240	2 Years

Assumed Knowledge

This is the minimum level of knowledge needed to successfully complete this subject. Students who do not possess this knowledge are strongly recommended against enrolling and do so at their own risk. While this is not a barrier to enrolment, students lacking the recommended knowledge will be considerably disadvantaged. There will be no adjustments or special considerations made for a lack of prior knowledge.

	Code	Title	Assumed Knowledge	Pre-requisite
Advanced Standing from the Bond University College Diploma of Health Sciences* (8)	CORE11-001	Critical Thinking and Communication		
	CORE11-002	Leadership and Team Dynamics		
	SPEX11-102	Foundations of Exercise and Sport		
	BMED11-109	Principles of Human Structure & Function		
	BMED11-114	Chemistry for Living Systems		
	BMED11-110	Human Organ Systems 1		
	STAT10-100	Elementary Maths - Elective		
	BMED11-101	Introduction to Chemistry - Elective		

Foundation Subjects (12)

	Code	Title	Assumed Knowledge	Pre-requisite
Jan/May/Sep	CORE11-003	Ethical Thought and Action		
May	SPEX11-113	Functional Anatomy	BMED11-109	
May	SPEX11-103	Biochemistry of Exercise and Sport		BMED11-114
Sep	SPEX11-304	Biomechanics of Exercise and Sport		
Sep	SPEX11-104	Sport, Health and Exercise Psychology		
Sep	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	BMED11-110, BMED11-109	SPEX11-103
Jan	HPER12-01	Health Research Methods		
Jan	SPEX13-335	Exercise Testing, Prescription and Delivery		
May	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport		SPEX12-312
May	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery		SPEX13-335
Sep	SPEX12-311	Motor Control and Learning in Exercise and Sport		
Sep	SPEX13-300	Exercise and Sports Performance Practice and Practicum (Capstone Project)		

Electives (4)

Choose 4 from the elective packages below

	MAJORS	MINORS
<p>Students may choose totake either:</p> <p>A six subject major (60cps) from the pre-defined major</p> <p>OR a four subject minor (40cps) from the pre-defined minors plus two generl electives or HSM identified subjects</p> <p>OR six (6) general university elective subjects</p> <p>OR take four (4) identified (HSM) subjects plus two (2) general university electives</p>	Advertising	Advertising
	Australian Studies	Communications and Society
	Big Data	Entrepreneurship and Innovation
	Communications	International Business
	Entrepreneurship and Innovation	Management
	Global Studies (Sustainability)	Marketing Communication
	International Business	Marketing
	International Relations	
	Management	
	Marketing Communications	
	Marketing	
	Media Studies	
	Public Relations	
	Sport Industry	
	Tourism Management	

Sequence Plan for students via BUC commencing May 2020

Semester	Code	Title	Assumed Knowledge	Pre-requisite
202	CORE11-003	Ethical Thought and Action	BMED11-109	BMED11-114
	SPEX11-103	Biochemistry of Exercise and Sport		
	SPEX11-113	Functional Anatomy Elective		
203	SPEX11-104	Sport, Health and Exercise Psychology	BMED11-110, BMED11-109	SPEX11-103
	SPEX11-304	Biomechanics of Exercise and Sport		
	SPEX12-312	Physiology and Biochemistry of Exercise and Sport		
221	SPEX12-311	Motor Control and Learning in Exercise and Sport		
	SPEX13-335	Exercise Testing, Prescription and Delivery		
222	HPER12-101	Health Research Methods Elective		
	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport		
	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery		
	SPEX13-300	Exercise and Sports Performance Practice and Practicum (Capstone Project) Elective		SPEX13-335

Sequence Plan for students via BUC commencing Sep 2020

Semester	Code	Title	Assumed Knowledge	Pre-requisite
203	SPEX11-304	Biomechanics of Exercise and Sport		
	SPEX11-104	Sport, Health and Exercise Psychology		
	SPEX12-311	Motor Control and Learning in Exercise and Sport		
211	SPEX13-335	Exercise Testing, Prescription and Delivery		
	HPER12-101	Health Research Methods		
212	CORE11-003	Ethical Thought and Action	BMED11-109	BMED11-114
	SPEX11-103	Biochemistry of Exercise and Sport		
	SPEX11-113	Functional Anatomy		
213	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery	BMED11-110, BMED11-109	SPEX13-335
	SPEX12-312	Physiology and Biochemistry of Exercise and Sport		
221		Elective		
		Elective		
		Elective		
222	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport		SPEX12-312
	SPEX13-300	Exercise and Sports Performance Practice and Practicum (Capstone Project)		

*Students will complete CORE11-004 Beyond Bond during their degree. This subject is worth 0 Credit Points
 **Any change to this recommended study plan will not ensure completion within 6 semesters