

# Bachelor of Exercise and Sports Science

With Advanced Standing from the Bond University College Diploma of Health Sciences



This Program Structure and Sequence (PSS) is **ONLY** for students admitted to CC-60025 Bachelor of Exercise and Sports Science. Prior to enrolling, students are responsible for checking any assumed knowledge, pre-requisite conditions & potential timetabling clashes. Please seek advice from an Academic Advisor in the Student Business Centre

2020

Program Structure						
Program Code	Version	CRICOS	Intakes	Total Subjects	Credit Points	Duration
CC-60025	5	080641D	January	23	240	2 Years
<b>Assumed Knowledge</b>						
This is the minimum level of knowledge needed to successfully complete this subject. Students who do not possess this knowledge are strongly recommended against enrolling and do so at their own risk. While this is not a barrier to enrolment, students lacking the recommended knowledge will be considerably disadvantaged. There will be no adjustments or special considerations made for a lack of prior knowledge.						
<b>Advanced Standing from the Bond University College Diploma of Health Sciences* (6)</b>	Code	Title	Assumed Knowledge	Pre-requisite		
	CORE11-001	Critical Thinking and Communication				
	CORE11-002	Leadership and Team Dynamics				
	BMED11-109	Principles of Human Structure & Function				
	BMED11-114	Chemistry for Living Systems				
	SPEX11-102	Foundations of Exercise and Sport				
BMED11-110	Human Organ Systems 1					
<b>Foundation Subjects (17)</b>						
Jan/May/Sep	CORE11-003	Ethical Thought and Action				
May	SPEX11-113	Functional Anatomy		BMED11-109		
May	SPEX11-103	Biochemistry of Exercise and Sport				BMED11-114
Sep	SPEX11-304	Biomechanics of Exercise and Sport				
Sep	SPEX12-311	Motor Control and learning in Exercise and Sport				
Sep	SPEX11-104	Sport, Health and Exercise Psychology				
Sep	SPEX12-312	Physiology and Biochemistry of Exercise and Sport		BMED11-110, BMED11-109		SPEX11-103
Jan	HPER12-01	Health Research Methods				
Jan	SPEX13-335	Exercise Testing, Prescription and Delivery				
Jan	SPEX12-313	Introduction to Professional Practice in Exercise and Sports Science				
May	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport				SPEX12-312
May	SPEX13-339	Advanced Biomechanics of Exercise and Sport				SPEX11-304
May	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery				SPEX13-335
	SPEX13-334	Behaviour Change to Enhance Health				
Sep	NUTR12-101	Sport and Exercise Nutrition				
Sep	SPEX13-337	Exercise and Sport for Lifelong Health				
						SPEX13-336
Sep	SPEX13-333	Professional Practice and Practicum (20CP)				SPEX13-339
						SPEX13-338
						SPEX13-334

**Sequence Plan for students via BUC commencing May 2020**

Semester	Code	Title	Assumed Knowledge	Pre-requisite
202	CORE11-003	Ethical Thought and Action	BMED11-109	BMED11-114
	SPEX11-113	Functional Anatomy		
	SPEX11-103	Biochemistry of Exercise and Sport		
203	SPEX11-304	Biomechanics of Exercise and Sport	BMED11-110, BMED11-109	SPEX11-103
	SPEX12-311	Motor Control and Learning in Exercise and Sport		
	SPEX11-104	Sport, Health and Exercise Psychology		
221	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	BMED11-110, BMED11-205	SPEX12-312
	HPER12-101	Health Research Methods		
	SPEX13-335	Exercise Testing, Prescription and Delivery		
222	SPEX12-313	Introduction to Professional Practice in Exercise and Sports S	BMED11-110, BMED11-205	SPEX11-304
	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport		
	SPEX13-339	Advanced Biomechanics of Exercise and Sport		
223	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery	BMED11-110, BMED11-205	SPEX13-335
	SPEX13-334	Behaviour Change to Enhance Health		
	NUTR12-101	Sport and Exercise Nutrition		
223	SPEX13-337	Exercise and Sport for Lifelong Health	BMED11-110, BMED11-205	SPEX13-336 SPEX13-339 SPEX13-338 SPEX13-334
	SPEX13-333	Professional Practice and Practicum (20CP)		

**Sequence Plan for students via BUC commencing September 2020**

Semester	Code	Title	Assumed Knowledge	Pre-requisite
203	SPEX11-304	Biomechanics of Exercise and Sport	BMED11-109	BMED11-114
	SPEX12-311	Motor Control and Learning in Exercise and Sport		
	SPEX11-104	Sport, Health and Exercise Psychology		
221	SPEX13-335	Exercise Testing, Prescription and Delivery	BMED11-110, BMED11-109	SPEX11-103
	SPEX12-313	Introduction to Professional Practice in Exercise and Sports Science		
	SPEX11-113	Functional Anatomy		
222	SPEX11-103	Biochemistry of Exercise and Sport	BMED11-110, BMED11-205	SPEX11-103
	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery		
	SPEX13-339	Advanced Biomechanics of Exercise and Sport		
223	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	BMED11-110, BMED11-205	SPEX12-312
	NUTR12-101	Sport and Exercise Nutrition		
	SPEX13-337	Exercise and Sport for Lifelong Health		
231	HPER12-101	Health Research Methods	BMED11-110, BMED11-205	SPEX13-336 SPEX13-339 SPEX13-338 SPEX13-334
	CORE11-003	Ethical Thought and Action		
	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport		
232	SPEX13-334	Behaviour Change to Enhance Health	BMED11-110, BMED11-205	SPEX12-312
	SPEX13-334	Behaviour Change to Enhance Health		
233	SPEX13-333	Professional Practice and Practicum (20CP)	BMED11-110, BMED11-205	SPEX13-336 SPEX13-339 SPEX13-338 SPEX13-334

\*Students will complete CORE11-004 Beyond Bond during their degree. This subject is worth 0 Credit Points

\*\*Any change to this recommended study plan will not ensure completion within 6 semesters