

Program Structure						
Program Code	Version	CRICOS	Intakes	Total Subjects	Credit Points	Duration
CC-60025	5	080641D	Jan	23	240	6 semesters including Diploma of Health Sciences

## Assumed Knowledge

This is the minimum level of knowledge needed to successfully complete this subject. Students who do not possess this knowledge are strongly recommended against enrolling and do so at their own risk. While this is not a barrier to enrolment, students lacking the recommended knowledge will be considerably disadvantaged. There will be no adjustments or special considerations made for a lack of prior knowledge.

	Code	Title	Assumed Knowledge	Pre-requisite
<b>Advanced Standing from the Bond University College Diploma of Health Sciences* (5)</b>	CORE11-001	<a href="#">Critical Thinking and Communication</a>		
	CORE11-002	<a href="#">Leadership and Team Dynamics</a>		
	CORE11-003	<a href="#">Ethical Thought and Action</a>		
	BMED11-109	<a href="#">Principles of Human Structure &amp; Function</a>		
	BMED11-114	<a href="#">Chemistry for Living Systems</a>		

## Foundation Subjects (18)

Jan	SPEX11-102	<a href="#">Foundations of Exercise and Sports Science</a>		
Jan	SPEX13-335	<a href="#">Exercise Testing, Prescription and Delivery</a>		
Jan/May	BMED11-110	<a href="#">Human Organ Systems 1</a>	BMED11-109	
May	SPEX11-113	<a href="#">Functional Anatomy</a>	BMED11-109	
May	SPEX11-103	<a href="#">Biochemistry of Exercise and Sport</a>		BMED11-114
Sep	SPEX11-304	<a href="#">Biomechanics of Exercise and Sport</a>		
Sep	SPEX12-311	<a href="#">Motor Control and Learning in Exercise and Sport</a>		
Sep	SPEX11-104	<a href="#">Sport, Health and Exercise Psychology</a>		
Sep	SPEX12-312	<a href="#">Physiology and Biochemistry of Exercise and Sport</a>	BMED11-110, BMED11-109	SPEX11-103 or BMED11-205
Jan	SPEX12-313	<a href="#">Introduction to Professional Practice in Exercise and Exercise Science</a>		
Jan	HPER12-101	<a href="#">Health Research Methods</a>		
May	SPEX13-336	<a href="#">Advanced Physiology and Biochemistry of Exercise and Sport</a>		SPEX12-312
May	SPEX13-339	<a href="#">Advanced Biomechanics of Exercise and Sport</a>		SPEX11-304
May	SPEX13-338	<a href="#">Advanced Exercise Testing, Prescription and Delivery</a>		SPEX13-335
May	SPEX13-334	<a href="#">Behaviour Change to Enhance Health</a>		
Sep	NUTR12-101	<a href="#">Sport &amp; Exercise Nutrition</a>	BMED11-110	
Sep	SPEX13-333	<a href="#">Professional Practice and Practicum (20 CP)</a>		SPEX13-336, SPEX13-339, SPEX13-338, SPEX13-334
Sep	SPEX13-337	<a href="#">Exercise and Sport for Lifelong Health</a>		

\*Students will complete CORE11-004 Beyond Bond during their degree. This subject is worth 0 Credit Points

\*\*Any change to this recommended study plan will not ensure completion within 6 semesters

### Sequence Plan for students commencing May 2019

Semester	Code	Title	Assumed Knowledge	Pre-requisite
191	SPEX11-102	<a href="#">Foundations of Exercise and Sports Science</a>		
	SPEX13-335	<a href="#">Exercise Testing, Prescription and Delivery</a>		
	BMED11-110	<a href="#">Human Organ Systems 1</a>	BMED11-109	
192	SPEX11-113	<a href="#">Functional Anatomy</a>	BMED11-109	
	SPEX11-103	<a href="#">Biochemistry of Exercise and Sport</a>		BMED11-114
193	SPEX11-304	<a href="#">Biomechanics of Exercise and Sport</a>		
	SPEX12-311	<a href="#">Motor Control and Learning in Exercise and Sport</a>		
	SPEX11-104	<a href="#">Sport, Health and Exercise Psychology</a>		
	SPEX12-312	<a href="#">Physiology and Biochemistry of Exercise and Sport</a>	BMED11-110, BMED11-109	SPEX11-103 or BMED11-205
201	SPEX12-313	<a href="#">Introduction to Professional Practice in Exercise and Exercise Science</a>		
	HPER12-101	<a href="#">Health Research Methods</a>		
202	SPEX13-336	<a href="#">Advanced Physiology and Biochemistry of Exercise and Sport</a>		SPEX12-312
	SPEX13-339	<a href="#">Advanced Biomechanics of Exercise and Sport</a>		SPEX11-304
	SPEX13-338	<a href="#">Advanced Exercise Testing, Prescription and Delivery</a>		SPEX13-335
	SPEX13-334	<a href="#">Behaviour Change to Enhance Health</a>		
203	NUTR12-101	<a href="#">Sport &amp; Exercise Nutrition</a>	BMED11-110	
	SPEX13-333	<a href="#">Professional Practice and Practicum (20 CP)</a>		SPEX13-336, SPEX13-339, SPEX13-338, SPEX13-334
	SPEX13-337	<a href="#">Exercise and Sport for Lifelong Health</a>		

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