

Program Structure						
Program Code	Version	CRICOS	Intakes	Total Subjects	Credit Points	Duration
CC-60025	5	080641D	Jan	24	240	2 years full time
Assumed Knowledge						
This is the minimum level of knowledge needed to successfully complete this subject. Students who do not possess this knowledge are strongly recommended against enrolling and do so at their own risk. While this is not a barrier to enrolment, students lacking the recommended knowledge will be considerably disadvantaged. There will be no adjustments or special considerations made for a lack of prior knowledge						
Core University Subjects (3) One core subject must be taken per semester for the first three semesters						
Available	Code	Title		Assumed Knowledge	Pre-requisite	
Jan/May/Sep	CORE11-001	Critical Thinking and Communication				
Jan/May/Sep	CORE11-002	Leadership and Team Dynamics				
Jan/May/Sep	CORE11-003	Ethical Thought and Action				
Jan/May/Sep	CORE11-004*	Beyond Bond				
Foundation Subjects (21)						
Jan	SPEX11-102	Foundations of Exercise and Sports Science				
Jan/May	BMED11-109	Principles of Human Structure & Function				
Jan/May	BMED11-114	Chemistry for Living Systems				
May	SPEX11-113	Functional Anatomy		BMED11-109		
Jan/May	BMED11-110	Human Organ Systems 1		BMED11-109		
May	SPEX11-103	Biochemistry of Exercise and Sport			BMED11-114	
Sep	SPEX11-304	Biomechanics of Exercise and Sport				
Sep	SPEX12-311	Motor Control and Learning in Exercise and Sport				
Sep	SPEX11-104	Sport, Health and Exercise Psychology				
Sep	SPEX12-312	Physiology and Biochemistry of Exercise and Sport		BMED11-110, BMED11-109	SPEX11-103 or BMED11-205	
Jan	HPER12-101	Health Research Methods				
Jan	SPEX13-335	Exercise Testing, Prescription and Delivery				
Jan	SPEX12-313	Introduction to Professional Practice in Exercise and Exercise Science				
May	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport			SPEX12-312	
May	SPEX13-339	Advanced Biomechanics of Exercise and Sport			SPEX11-304	
May	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery			SPEX13-335	
May	SPEX13-334	Behaviour Change to Enhance Health				
Sep	NUTR12-101	Sport & Exercise Nutrition		BMED11-110, BMED11-205		
Sep	SPEX13-333	Professional Practice and Practicum (20 CP)			SPEX13-336, SPEX13-339, SPEX13-338, SPEX13-334	
Sep	SPEX13-337	Exercise and Sport for Lifelong Health				

*Students will complete Beyond Bond during their degree. This subject is worth 0 Credit Points

**Any change to this recommended study plan will not ensure completion within 6 semesters

Sequence Plan for students commencing January 2019

Semester	Code	Title	Assumed Knowledge	Pre-requisite
191	CORE11-001	Critical Thinking and Communication		
	SPEX11-102	Foundations of Exercise and Sports Science		
	BMED11-109	Principles of Human Structure & Function		
192	BMED11-114	Chemistry for Living Systems		
	CORE11-002	Leadership and Team Dynamics		
	SPEX11-113	Functional Anatomy	BMED11-109	
193	BMED11-110	Human Organ Systems 1	BMED11-109	
	SPEX11-103	Biochemistry of Exercise and Sport		BMED11-114
	SPEX11-304	Biomechanics of Exercise and Sport		
201	SPEX12-311	Motor Control and Learning in Exercise and Sport		
	SPEX11-104	Sport, Health and Exercise Psychology		
	SPEX12-312	Physiology and Biochemistry of Exercise and Sport	BMED11-110, BMED11-109	SPEX11-103 or BMED11-205
202	CORE11-003	Ethical Thought and Action		
	HPER12-101	Health Research Methods		
	SPEX13-335	Exercise Testing, Prescription and Delivery		
203	SPEX12-313	Introduction to Professional Practice in Exercise and Sport Science		
	SPEX13-336	Advanced Physiology and Biochemistry of Exercise and Sport		SPEX12-312
	SPEX13-339	Advanced Biomechanics of Exercise and Sport		SPEX11-304
203	SPEX13-338	Advanced Exercise Testing, Prescription and Delivery		SPEX13-335
	SPEX13-334	Behaviour Change to Enhance Health		
	NUTR12-101	Sport & Exercise Nutrition	BMED11-110, BMED11-205	
	SPEX13-333	Professional Practice and Practicum (20 CP)		SPEX13-336, SPEX13-339, SPEX13-338, SPEX13-334
	SPEX13-337	Exercise and Sport for Lifelong Health		