



## BOND UNIVERSITY WOMEN'S NETWORK

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## 2017 ACTIVITY REPORT





## OUR MISSION

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The Bond University Women's Network (BUWN) seeks to be an inclusive network of women and those who value and respect women, from the Bond community. We aim to empower the women of the Bond community to connect and make a difference, instilling a sense of compassion, care and community as respected and valued members of the University. BUWN endeavours to achieve this by supporting and assisting Bond women with their own development, as well as providing a forum to promote all causes for the betterment of women and families. Most importantly, we celebrate women for all that they are and all that they do.

## MESSAGE FROM THE CHAIR

2017 has been another fabulous year for BUWN. We are especially proud of the growing reach of our membership which peaked at 704 by the end of 2017. Our registered membership includes Bond staff, students, alumni and community members.

Our 'Resilience' theme for 2017 was well represented by the vibrant and inspirational women at the various events held throughout the year. Consistent with the theme, our speakers educated, provided insight and inspiration to our BUWN members and the greater community. We witnessed strong women who, despite the challenges they faced, have created successful lives and used the skills and knowledge gained to empower and support women, men and children. 'Gratitude' is one of the pillars of 'Resilience' and the BUWN will explore the effect of gratitude in our series of events in 2018.

We are most grateful for the support of our members in 2017 and we look forward to yet another exceptional year for BUWN in 2018.



## COMMITTEE MEMBERS

The members of the 2017 committee are:

Chair	Professor Keitha Dunstan
Academic Staff	Dr Jo Bishop
	Dr Lisa Gowthorp
	Dr Bobette Wolski
Professional Staff	Dr Sarah Long
	Ms Rhonda Morton
	Ms Narelle Crew
Students	Ms Sarah White
	Ms Alexandra Khmelevskaya
	Ms Naomi Price
Alumni / Community	Ms Norma Swain
	Ms Julie-Anne James
	Ms Andrea Harris
	Ms Susan Johnston
Co-opt member	Mr Garry Nucifora
Secretary	Ms Vesna Bragagnolo



## ENGAGEMENT ACTIVITIES

### BUWN WEBSITE

- A refreshed [BUWN Website](#)
- An updated [BUWN Committee Membership](#)
- Regular [BUWN News](#) items
- A new [BUWN Events](#) page
- An online [BUWN Membership Registration](#) page

### BUWN MEMBERSHIP

- Increased to 704 members
  - 245 Staff
  - 199 Students
  - 31 Alumni
  - 229 Community

### BUWN COMMUNITY SUPPORT

- Bond University United Nations Student Association | Do It in A Dress – Gold Coin Donation and Raffle
- Bond Indigenous Awareness Society – Gold Coin donation and Raffle
- Friends with Dignity – Gold Coin donation and Raffle
- Mentally Healthy Bond – Raffle
- TLC for Kids, Gold Coast – Raffle
- Super Max and Bryce – promotion
- White Ribbon Australia Campaign – Registration revenue
- Smith Family – Raffle



## ENGAGEMENT ACTIVITIES

### BUWN WOMEN IN OUR COMMUNITY FACEBOOK

- Growth and promotion of BUWN Facebook site
- 336 followers





## 2017 EVENTS

### MARCH 8 INTERNATIONAL WOMEN'S DAY COCKTAIL RECEPTION

The first event of the year celebrated International Women's Day and introduced our new 2017 Committee. A cocktail reception for BUWN members and community was held at the Princeton Room with 185 attendees. This included staff, students, alumni and community members.

Our speakers included Ms Kay Danes AO HUMANRIGHT and Ms Michelle Doherty of Alpha-A. Ms Karen Phillips from the Australian Institute of Women, a strong Bond supporter and advocate, was the Master of Ceremonies and On the Couch interviewer. Kay spoke about her time as a prisoner of war in the Laos prison and how she is using her profile and voice to champion human rights. Michelle shared her personal and career journey and how she built a multimillion-dollar business. Bond University United Nations Student Association was our student charity group. The event was a huge success.





### MAY 15 CORRIGAN ART WALK

The Corrigan Art Walk showcased the art at the Gregor Heiner Foyer and was complimented with a morning tea allowing attendees an opportunity to network and discuss the artwork with Narelle Urquhart. Our charity was Bond Indigenous Awareness Society. There were 25 members in attendance, including staff, students and community.



### JUNE 7 BREAKFAST SEMINAR – NAVIGATING DOMESTIC VIOLENCE FOR WOMEN AND CHILDREN

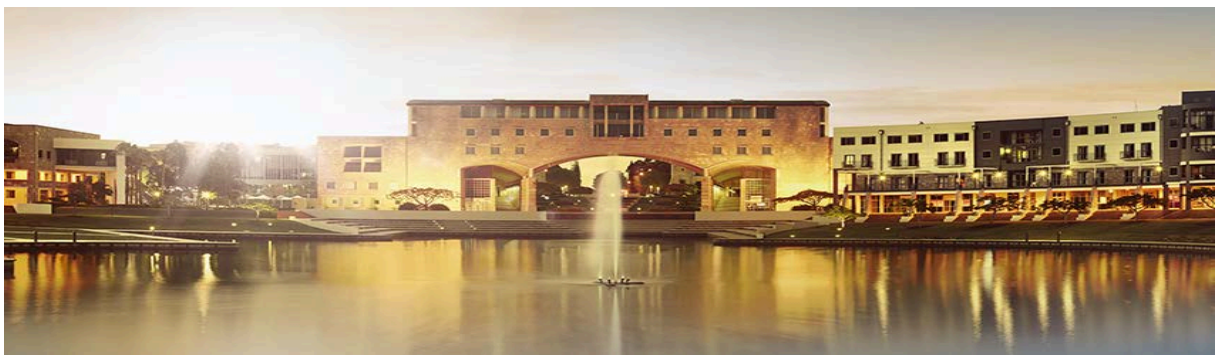
At the June breakfast seminar Professor Rachael Field and Libby Taylor provided important information about the nature and prevalence of domestic violence (DV) in Australian society. Rachael and Libby explored some of the myths and realities about domestic violence and provide a toolbox of strategies and responses that can be used to support the safety and well-being of victims.

This information was well received and concluded with an informative Q&A session. Our charity was Friends with Dignity and the event was strongly supported by staff, students, allied health professionals, DV institutions and community with 118 members in attendance.









## JULY 28 SPEAK UP FORUM – RESILIENCE AND BEYOND

The Forum's keynote speakers included Bond alumni Ms Hannah Duncan, Dr Shahina Braganza, HSM - Emergency Medicine Queensland and Ms Dale Mansfield from TLC for Kids Gold Coast. Each speaker provided an insight into their lives and how resilience was a factor in their personal and professional life. The MC for the event, Professor Nick James conducted the On the Couch interviews and moderated the Q&A. The event included an afternoon of insightful and meaningful presentations, fundraising activities for Bond University Mentally Healthy Bond, TLC for Kids Coast and Super Max and Bryce. The forum concluded with a cocktail reception with approximately 120 attendees.





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#### OCTOBER 18 WOMEN IN RESEARCH BREAKFAST SEMINAR

Assistant Professor Robyn Lincoln from Faculty of Society and Design used the lens of ‘resilience’ to examine the pleasures and pitfalls of her involvement in research over the past forty years. Her presentation focused on her current research and the four main lessons about the challenges of research – technology, grants, advocacy, and statistics.

Dr Linda Crane, Deputy Dean of Faculty of Health Sciences and Medicine presented her research about Higher Education: student experience and graduate employability. Dr Crane’s presentation focused on two National Strategic Priority Projects funded by the Australian Government, Office for Learning and Teaching. One explored strategies to improve employability from the perspectives of students, graduates, educators and employers. The other explored student and educator perceptions of the postgraduate student experience. The presentation focused on results and subsequent practical strategies that can be applied to improve graduate employability and postgraduate student experience across the sector.

Associate Professor Peta Stapleton is the Program Director for Clinical Masters of Psychology in the Faculty of Society and Design. Dr Stapleton’s research focuses on eating disorders and emotional eating, women’s health and adolescent issues, and she is a world leader and researcher in Emotional Freedom



Techniques (often called psychological acupuncture). Peta presented her recent ground-breaking research with fMRI studies and the impact on the brain while using Emotional Freedom Techniques.

The Office of Research Services proudly sponsored the event, which was attended by more than 120 members including academic and professional staff, undergraduate and postgraduate students, alumni, and community members.





## NOVEMBER 24 WHITE CHRISTMAS HIGH TEA

Our final event of the year saw approximately 150 members review the year and share personal and professional highlights over a glass (or two) of champagne at the University Club. The focus of the event was to raise funds for White Ribbon Australia and The Smith Family. Artist, Lucy Deslandes donated a painting for auctioning with proceeds going to White Ribbon Australia. The Occupational Therapy team provided some hands-on wellness therapy, Same Sky Jewellery raised awareness for women in Rwanda, and Lucy Deslandes donated an additional 10% from sales the of paintings. The event encouraged the men in our community to join in raising awareness as well and being part of the movement towards positive change.









## REVENUE AND EXPENDITURE

The Revenue and Expenditure for 2017 is as follows:

<b>BUWN Revenue – Sponsorship and Donations</b>	
Bond University	
- Pathways and Partnerships – Same Sky Bracelets	\$450
- Office of Research Services	\$4,000
Prizes and Donations	
- 3 x Boutique of Cosmetic Dermatology Gift Vouchers	\$580
- Freedom Float Gift Voucher	\$150
- Event Cinemas Tickets	\$50
- 400 Co Gift Voucher	\$50
- Journal & Planner Pack	\$150
- Potted plants	\$150
- Designer Fragrance	\$80
- Personal Training Session	\$80
- 2 x private yoga classes	\$300
- Bond bag, towel and sunscreen	\$25
- 2 x Twigs floral bouquets	\$30
- Twigs Florist Gift Voucher	\$10
- Bottle of wine	\$25
- Food & Wine Hamper	\$120
- Food Hampers	\$80
- Lucy Deslandes – original painting	\$1,000
<b>Total Revenue</b>	<b>\$7,330</b>

<b>BUWN Expenditure</b>	
International Women’s Day Cocktail Party	\$4,064
Corrigan Art Walk	\$274
June Breakfast Seminar	\$4,774
Speak Up Forum	\$3,212
Women in Research Breakfast Seminar	\$4,405
White Christmas High Tea	\$5,567
<b>Total Expenditure</b>	<b>\$22,296</b>

<b>Funds Raised at BUWN Events</b>	
Bond University United Nations Student Association	\$1,124
Bond Indigenous Awareness Society	\$568
Friends with Dignity	\$595
Mentally Healthy Bond	\$182
TLC for Kids, Gold Coast	\$475
Super Max and Bryce	\$585
White Ribbon Australia Campaign	\$1,000
The Smith Family	\$1,000
<b>Total Funds Donated</b>	<b>\$5,529</b>





## CLOSE

The members of the 2018 committee are:

Chair	Professor Keitha Dunstan
Academic Staff	Dr Jo Bishop Dr Lisa Gowthorp Amy Bannatyne
Professional Staff	Dr Sarah Long Ms Rhonda Morton Ms Narelle Crew
Students	Ms Sarah White Ms Sneha Raut Ms Katarina Needham Ms Dani Larkin
Alumni / Community	Ms Norma Swain Ms Julie-Anne James Ms Andrea Harris
Co-opt member	Mr Garry Nucifora Ms Vesna Bragagnolo
Secretary	Ms Leanne Stewart



## 2018 PROPOSED EVENTS

Date	Event	Description
8 March	International Women's Day Cocktail Party	A cocktail party will be held at the Princeton Room to launch our 2018 theme – Gratitude.  Guest speakers are currently being confirmed. Karen Phillips, Executive Director of the Australian Institute of Women will be the Master of Ceremonies.
	Proposed Charity	Bond University United Nations Student Association
20 April	Corrigan Art Walk	Ms Narelle Urquhart will conduct a tour of the magnificent indigenous artwork housed at Bond University. The tour will provide insight into the artist and their community. Morning tea will be provided.
	Proposed Charity	Bond Indigenous Awareness Society (BIAS)
6 June	Breakfast Seminar	This event provides a practical and skill based presentation and is a strong drawcard for community members to attend.
	Proposed Charity	Yet to be determined
18 July	Speak Up Forum	The Forum will include guest speakers focusing on their careers across a range of fields and their journey to success. Presentations will be followed by a Q&A session and conclude with a cocktail function.
	Proposed Charity	Yet to be determined
August	Varsity Fun Run	The BUWN will promote this event and focus on coordinating a group of staff and students to participate in the Fun Run, building community and collegiality.
17 October	Women in Research	A breakfast seminar showcasing our female researchers. Presentations generally include an early career researcher/HDR student, mid career researcher and a senior career researcher from the Bond research pool.
24 November	White Christmas High Tea	Our final event will be a High Tea where members can reflect on the year and share their visions for 2019.
	Charity	White Ribbon Australia



## TERMS OF REFERENCE

### MEMBERSHIP OF THE STEERING COMMITTEE

BUWN activities are coordinated by a Steering Committee including corporate and appointed members.

#### Corporate

- Vice-Chancellor's Representative (Liaison with VC and UMC)

#### Appointed

- Three Academic Staff members
- Three General Staff members
- Four Students (Postgraduate and Undergraduate students) representing Bond University Young Women's Network
- Two Alumni members
- Two Community/Friends of Bond members

The Committee is able to co-opt others as required.

### TERM

When a vacancy arises BUWN will ask for expressions of interest. Where there is more than one nominee, committee members will vote on the appointment. Each member will be appointed for a period of two years.

### WORKING GROUPS

Will be formed on a project basis and will consist of members drawn from the Bond University Community. Makeup of the working groups will be determined by the nature of the project at hand

### PROCEDURES

Membership	Members to be recorded and maintained.
Terms of Reference	To be reviewed regularly.
BUWN Report	Reports to be tabled at UMC every twelve months.
Business Plan	An annual action plan is to be prepared detailing network activities.
Finance	An annual revenue and expenditure statement will be prepared in accordance with the Bond University policies and procedures.



Develop an attitude of gratitude, and give thanks for everything that happens to you, know that every step forward is a step toward achieving something bigger and better than your current situation.

Brian Tracy

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity.

Melody Beattie

One looks back with appreciation to the brilliant teachers but with gratitude to those who touched our human feelings. The curriculum is so much necessary raw material, but warmth is the vital element for the growing plant and for the soul of the child.

Carl Jung